

Elena Stein, M.S.

Curriculum Vitae

CONTACT INFORMATION

University of New Mexico
Department of Psychology
Logan Hall | MSC03-2220
Albuquerque, NM 87131

elenastein@unm.edu

EDUCATION

- Ongoing **University of New Mexico**, Albuquerque, NM
Doctor of Philosophy in Clinical Psychology
Quantitative Methodology Emphasis
Dissertation: *Validation of the Addictions Neuroclinical Assessment Among Diverse Individuals with Alcohol Use Disorder*
Advisor: Katie Witkiewitz, Ph.D.
- 2018 **University of New Mexico**, Albuquerque, NM
Master of Science in Psychology
Master's Thesis: *Alterations in Resting State Functional Connectivity Associated with Alcohol Use Severity and Impulsivity in a Community Sample*
- 2012 **Amherst College**, Amherst, MA
Bachelor of Arts in Neuroscience
Five College Certificate in Culture, Health, and Science

HONORS, AWARDS, AND FUNDING

- 2021 Best Graduate Student Paper, Psychology Graduate Student Award, University of New Mexico
- 2017-2020 T32 Predoctoral Fellow, National Institute on Alcohol Abuse and Alcoholism, University of New Mexico (T32AA018108, PI: Barbara McCrady, Ph.D.)
University of New Mexico- Center on Alcoholism, Substance Abuse, and Addictions (CASAA)
- 2020 David J. Smith, Ph.D., Psychology Graduate Student Award, University of New Mexico
- 2020 Recognition Award for Grant Submitted as PI as a Psychology Graduate Student (NIAAA F31), University of New Mexico
- 2019, 2020 Sandia Casino Responsible Gaming Scholarships
- 2018, 2019 Research Society on Alcoholism, Student Merit Award
- 2018 Community Service Award for 2018, Department of Psychology, University of New Mexico
- 2017, 2019, 2021 Psychology Department Travel and Research Award, University of New Mexico
- 2016-2017 Graduate Studies Supplemental Award, University of New Mexico
- 2015 McLean Hospital Travel Grant to attend the American Academy of Addiction Psychiatry Annual Meeting

RESEARCH FUNDING

2020-2022 **NIAAA F31 Ruth L. Kirschstein National Research Service Award (F31AA028971)**
Title: Validation of the Addictions Neuroclinical Assessment Among Diverse Individuals with Alcohol Use Disorder
Role: Principal Investigator
Sponsor: Katie Witkiewitz, Ph.D.
Co-Sponsors and Collaborator: Eric Claus, Ph.D., Barbara McCrady, Ph.D., Yu-Yu Hsiao, Ph.D.
Amount Awarded: \$75,724

PUBLICATIONS

Peer-reviewed manuscripts

1. Gibson, B.C., Votaw, V.R., **Stein, E.R.**, Claus, E., Clark, V.P., Witkiewitz, K. (in press). Transcranial Direct Current Stimulation Provides no Additional Benefit to Improvements in Self-Reported Craving Following Mindfulness-Based Relapse Prevention. *Mindfulness*.
2. Silveri, M.M., Schuttenberg, E.M., Schmandt, K., **Stein, E.R.**, Rieselbach, M.M., Sternberg, A., Cohen-Gilbert, J.E., Katz-Wise, S.L., Urbano Blackford, J., Potter, A.S., Potter, M.P., Sarvey, D.B., McWhinnie, C.M., Feinberg, J.E. Boger, K.D. (2021) Clinical Outcomes Following Acute Residential Psychiatric Treatment in Transgender and Gender Diverse Adolescence. *JAMA Open Network*.
10.1001/jamanetworkopen.2021.13637
3. Votaw, V.R., **Stein, E.R.**, Witkiewitz, K. (2021). A Longitudinal Mediation Model of Negative Emotionality, Coping Motives and Drinking Intensity Among Individuals Receiving Community Treatment for Alcohol Use Disorder. *Alcohol and Alcoholism*. <https://doi.org/10.1093/alcalc/agab012>
4. **Stein, E.R.**, Votaw, V. R., Swan, J.E., Witkiewitz, K. (2021). Validity and measurement invariance of the Addictions Neuroclinical Assessment incentive salience domain among treatment-seekers with alcohol use disorder: Construct Validity and Measurement Invariance. *Journal of Substance Abuse Treatment*.
10.1016/j.jsat.2020.108227
5. Witkiewitz, K., Wilson, A. D., Roos, C. R., Swan, J. E., Votaw, V. R., **Stein, E. R.**, Pearson, M. R., Edwards, K. A., Tonigan, J. S., Hallgren, K. A., Montes, K. S., Maisto, S. A., & Tucker, J. A. (2021). Can individuals with alcohol use disorder sustain non-abstinent recovery? Non-abstinent outcomes 10 years after alcohol use disorder treatment. *Journal of Addiction Medicine*, 15, 303-310. doi:
10.1097/ADM.0000000000000760
6. **Stein, E.R.**, & Witkiewitz, K. (2020). Dismantling Mindfulness-Based Programs: a Systematic Review to Identify Active Components of Treatment. *Mindfulness*, 11(11), 2470–2485.
<https://doi.org/10.1007/s12671-020-01444-0>
7. Witkiewitz, K., Pearson, M. R., Wilson, A. D., **Stein, E. R.**, Votaw, V. R., Hallgren, K. A., Maisto, S. A., Swan, J. E., Schwebel, F. J., Aldridge, A., Zarkin, G. A., & Tucker, J. A. (2020). Can alcohol use disorder recovery include some heavy drinking? A replication and extension up to nine years following treatment. *Alcoholism: Clinical and Experimental Research*, 44(9), 1862-1874. <https://doi.org/10.1111/acer.14413>

8. Swan, J. E., Votaw, V. R., **Stein, E. R.**, & Witkiewitz, K. (2020). The role of affect in psychosocial treatments for substance use disorders. *Current Addiction Reports*. <https://doi.org/10.1007/s40429-020-00304-0>
9. Votaw, V.R., Pearson, M.R., **Stein, E.R.**, Witkiewitz, K. (2020). The Addictions Neuroclinical Assessment Negative Emotionality Domain among Treatment-Seekers with Alcohol Use Disorder: Construct Validity and Measurement Invariance. *Alcoholism: Clinical and Experimental Research*.
10. Brown, D. R., Jackson, C. J. T., Claus, E. D., Votaw, V. R., **Stein, E. R.**, Robinson, C. S. H., Wilson, A. D., Brandt, E., Fratzke, V., Clark, V. P., & Witkiewitz, K. (2020). Decreases in the late positive potential to alcohol images among alcohol treatment seekers following mindfulness-based relapse prevention. *Alcohol and Alcoholism*. 10.1093/alcalc/agz096.
11. **Stein, E.R.**, Witkiewitz, K. (2019). Trait self-control predicts drinking patterns during treatment for alcohol use disorder and recovery up to three years following treatment. *Addictive Behaviors*, 99. <https://doi.org/10.1016/j.addbeh.2019.106083>
12. Witkiewitz, K., **Stein, E.R.**, Votaw, V.R., Wilson, A.D., Roos, C., Gallegos, S., Clark, V.P., Claus, E.D. (2019). Mindfulness-Based Relapse Prevention and Transcranial Direct Current Stimulation to Reduce Heavy Drinking: A Double-Blind Sham-Controlled Randomized Trial. *Alcoholism: Clinical and Experimental Research*.
13. Roos, C.R., **Stein, E.R.**, Bowen, S., Witkiewitz, K. (2019). Group gender composition predicts differential benefit from mindfulness-based relapse prevention for substance use disorder. *Mindfulness*. <https://doi.org/10.1007/s12671-019-01112-y>
14. **Stein, E.R.**, Gibson, B.C., Votaw, V.R., Wilson, A.D., Clark, V.P., Witkiewitz, K. (2018). Non-invasive brain stimulation in substance use disorders: implications for dissemination to clinical settings. *Current Opinion in Psychology*. doi: 10.1016/j.copsy.2018.12.009
15. Roos, C., Kirouac, M., **Stein, E.**, Wilson, A., Bowen, S., Witkiewitz, K. (2019). An open trial of rolling admission mindfulness-based relapse prevention (Rolling MBRP): feasibility, acceptability, dose-response relations, and mechanisms. *Mindfulness*, 10 (6), 1062-1073. <https://doi.org/10.1007/s12671-018-1054-5>
16. Kelley, M.L., Bravo, A.J., Votaw, V.R., **Stein, E.**, Redman, J.C., Witkiewitz, K. (2018). Opioid and sedative misuse among veterans wounded in combat. *Addictive Behaviors*, 92, 168-172. <https://doi.org/10.1016/j.addbeh.2018.12.007>
17. Sneider, J.T., Cohen-Gilbert, J.E., Hamilton, D.A., **Stein, E.R.**, Golan, N., Oot, E., Seraikas, A., Rohan, M.L., Harris, S.K., Nickerson, L.D., Silveri, M.M. (2018). Adolescent hippocampal and prefrontal brain activation during performance of the virtual Morris water maze. *Frontiers in Human Neuroscience*. 12(June), 1–14. doi: 10.3389/fnhum.2018.00238
18. Greenfield, B.L., Roos, C.R., Hagler, K.J., **Stein, E.R.**, Bowen, S., Witkiewitz, K. (2018). Race/ethnicity and racial/ethnic group composition moderate the effectiveness of mindfulness-based relapse prevention for substance use disorder. *Addictive Behaviors*, 81, 96-103. doi:10.1016/j.addbeh.2018.02.010
19. Wilson, A.D., Roos, C.R., Robinson, C.S., **Stein, E.R.**, Manuel, J.A., Enkema, M., Bowen, S., Witkiewitz, K. (2017). Mindfulness-based interventions for addictive behaviors: Implementation issues on the road ahead. *Psychology of Addictive Behaviors*, 31 (8), 888-896. doi:10.1037/adb0000319

20. Cohen-Gilbert, J.E., **Stein, E.R.**, Gunnar, M.R., & Thomas, K.M. (2016). Association of early stress and BDNF genotype with response inhibition during emotional distraction in adolescence. *Journal of Early Adolescence*.

Non-peer reviewed publication

1. Witkiewitz, K., Wilson, A.D., Pearson, M.R., Roos, C.R., Swan, J.E., Votaw, V.R., **Stein, E.R.**, Edwards, K.A., Tonigan, J.S., Hallgren, K.A., Montes, K.S., Maisto, S.A., & Tucker, J.A. (2021). A bridge to nowhere: Resistance to the possibility of some heavy drinking during recovery and the potential public health implications. *Journal of Addiction Medicine*, 15(4), 352-353.

Manuscripts under review or in preparation

1. Gibson, B.C., **Stein, E.R.**, Votaw, V.R., Claus, E., Clark, V.P., Witkiewitz, K. (in preparation). Reductions in Delay Discounting following Mindfulness Based Relapse Prevention for Alcohol Use Disorder.
2. Schuttenberg, E.M., Sneider, J.T., Rosmarin, D.H., Cohen-Gilbert, J.E., Oot, E.N., Seraikas, A.M., **Stein, E.R.**, Maksimovskiy, A.L., Harris, S.K., Silveri, M.M. (under review). Forgiveness Mediates the Relationship between Middle Frontal Gyrus Volume and Clinical Symptoms

CONFERENCE PRESENTATIONS

Symposia

**indicates presenting author*

1. Witkiewitz, K., Brown, D.R., Claus, E.D., Jackson, T.C., **Stein, E.R.***, Votaw, V.R., Wilson, A.D., Brandt, E., Robinson, C.S., Clark, V.P. Drinking reductions following Mindfulness-Based Relapse Prevention: associations with modulation of the late positive potential response to alcohol cues. In K. Witkiewitz and D. Meyerhoff (Chairs), *Non-abstinent recovery as treatment success: Evidence from recent neurophysiological and neuroimaging studies*. Symposium at the 2019 Research Society on Alcoholism Annual Meeting, Minneapolis, MN.
2. Oot, E.N.* , Maksimovskiy, A.L., Seraikas A.M., Rieselbach, M.M., **Stein, E.R.**, Harris, S.K., Cohen-Gilbert, J.E., Sneider, J.T., & Silveri, M.M. Neurobiological markers of adolescent alcohol and substance use initiation. In J. Buckman (Chair), *Grant-Funded Student Research on Biological Markers of Alcohol, Tobacco, and Other Substance Use*. Symposium at the 2019 annual Collaborative Perspectives on Addiction meeting, Providence, RI.
3. Roos, C.R., Witkiewitz, K., & **Stein, E.R.*** (2017, June). Patterns of baseline substance use disorder severity and negative affect moderate the efficacy of mindfulness-based relapse prevention. In P. Pedrelli (Chair), *Effective Interventions for Treating Co-Occurring Conditions: Depression, Anxiety, and Alcohol Use Disorders*. Symposium at the 2017 Research Society on Alcoholism Annual Meeting, Denver, CO.
4. Witkiewitz, K*. Roos, C. R., **Stein, E.**, Wilson, A. D., Votaw, V., & Kirouac, M. (September, 2018). Mindfulness-based relapse prevention for alcohol use disorder: A novel approach for treatment in diverse health care settings. In M. Hesselbrock and V. Hesselbrock (Chairs), *Translating Evidence into Practice in Different Health Care Systems: Focus on Brief Interventions and Cognitive Behavioural Therapies in the Management of Alcohol Use and Alcohol Use Disorders*. Workshop at the 2018 Annual Meeting of the International Society for Biomedical Research on Alcoholism, Kyoto, Japan.

1. **Stein, E.R.**, Claus, E.D., Witkiewitz, K. (2021) Validating the Addictions Neuroclinical Assessment Among a Diverse Sample of Drinkers. Accepted for presentation at the annual Association for Behavioral and Cognitive Therapies meeting.
2. **Stein, E.R.**, Votaw, V.R., Witkiewitz, K. (2020). Incentive Saliency Among Individuals Seeking Alcohol Treatment: Confirmatory Factor Analysis and Association with Drinking. Accepted for presentation at the annual Collaborative Perspectives on Addiction meeting, San Diego, CA. (cancelled due to COVID-19)
3. **Stein, E.R.**, Claus, E.D., Witkiewitz, K. (2019). Resting State Functional Connectivity Associated with Alcohol Use Severity and Impulsivity. Presented at the annual Collaborative Perspectives on Addiction meeting, Providence, RI.
4. **Stein, E.R.**, Votaw, V., Witkiewitz, K. (2019). Reductions in Delay Discounting with mindfulness based relapse prevention for alcohol use disorder. *Alcoholism: Clinical and Experimental Research*, 43(S1), 130A.
5. Votaw, V., Hanes, J., **Stein, E.R.**, Witkiewitz, K. (2019). Cannabis use among adults seeking treatment for drinking reduction. *Alcoholism: Clinical and Experimental Research*, 43(S1), 130A.
6. Gibson, B., Votaw, V., **Stein, E.R.**, Clark, V., Witkiewitz, K. (2019). Increases in mindfulness following mindfulness-based relapse prevention and transcranial direct current stimulation to reduce heavy drinking. *Alcoholism: Clinical and Experimental Research*, 43(S1), 56A.
7. **Stein, E.R.**, Claus, E.D., Witkiewitz, K. (2019) Resting state functional connectivity associated with alcohol use severity and impulsivity. Presented at the annual Collaborative Perspectives on Addiction meeting, Providence, RI.
8. Brown, D.R., Jackson, T.C., Robinson, C.S., **Stein, E.R.**, Votaw, V.R., Wilson, A.D., Brandt, E., Fratzke, V., Claus, E.D., Clark, V.P., and Witkiewitz, K. (2019) Mindfulness-Based Relapse Prevention decreases neural responses to alcohol cues. Presented at the annual Collaborative Perspectives on Addiction meeting, Providence, RI.
9. Robinson, C.S., **Stein, E.R.**, Fokas, K, Calhoun, V., Clark, V.P., Claus, E.D., Witkiewitz, K. (2019) Neural and behavioral associations of drinking and empathic processing. Presented at the annual Collaborative Perspectives on Addiction meeting, Providence, RI.
10. Witkiewitz, K. Roos, C. R., **Stein, E.**, Wilson, A. D., Votaw, V. R., & Kirouac, M. (2018). Mindfulness-based relapse prevention for alcohol use disorder: A novel approach for treatment in diverse health care settings. *Alcoholism: Clinical and Experimental Research*, 42(S2), 133A.
11. Cohen-Gilbert, J.E., Nickerson, L.D., Sneider, J.T., Oot, E., Seraikas, A., Rieselbach, M., Caine, C., **Stein, E.R.**, Harris, S.K., Silveri, M.M. (2018). Neurobiological underpinnings of the intersection between emotion and impulse control in adolescents. Presented at the annual meeting of the Cognitive Neuroscience Society, Boston, MA.
12. **Stein, E.R.**, Votaw, V., Fratzke, V., Gallegos, S., Robinson, C.S., O'Sickey, A. ... Witkiewitz, K. (2018). Mindfulness and transcranial direct current stimulation for alcohol use disorder: Feasibility and preliminary outcomes. Presented at the annual Collaborative Perspectives on Addiction meeting, Tampa, FL.

13. **Stein, E.R.**, Votaw, V., Fratzke, V., Gallegos, S., Robinson, C.S., O'Sickey, A. ... Witkiewitz, K. (2018). Mindfulness and transcranial direct current stimulation for alcohol use disorder: Feasibility and outcomes. *Alcoholism: Clinical and Experimental Research*, *42*(S1), 138A
14. Robinson, C.S.H., Fokas, K., **Stein, E.**, Claus, E., Witkiewitz, K. (2018) Longitudinal Drinking Reduction In A Non-Treatment Seeking Community Sample *Alcoholism: Clinical and Experimental Research*, *42*(S1), 240A
15. **Stein, E.R.**, Rieselbach, M., McWhinnie, C., Silveri, M.M. (2017). Impulsivity predicts readmission to residential treatment for adolescents with alcohol use disorder. *Alcoholism: Clinical and Experimental Research*, *41*(S1), 97A
16. Weywadt, C.R., **Stein, E.**, Claus, E.D. (2017) Resting-State fMRI differences between individuals with alcohol use disorder and social drinkers. *Alcoholism: Clinical and Experimental Research*, *41*(S1), 140A.
17. Cohen-Gilbert, J.E., Nickerson, L., Sneider, J.T., Oot, E.N., Caine, C., Seraikas, A., **Stein, E.R.**, Formicola, A., Golan, N., Silveri, M.M. (2017) Influence of binge drinking on the neural correlates of inhibitory control during emotional distraction in college freshman. *Alcoholism: Clinical and Experimental Research*, *41*(S1), 64A
18. Sneider, J.T., Hamilton, D.A., Cohen-Gilbert, J.E., Oot, E., **Stein, E.R.**, Caine, C., Seraikas, A., Rohan, M.L., Nickerson, L., Harris, S.K., Silveri, M.M. (2017) Hippocampal brain activation during memory retrieval in adolescents: Implications for initiation of alcohol and drug use. Presented at the annual Association for Psychological Science meeting, Boston, MA.
19. Seraikas, A., Oot., E., **Stein, E.R.**, Caine, C., Cohen-Gilbert, J.E., Harris, S.K., Jensen, J.E., Sneider, J.T., Silveri, M.M. (2017) Prefrontal and medial temporal lobe GABA and glutamate: Neurobiological correlates of adolescent sensation seeking and impulsivity. Presented at the annual Association for Psychological Science meeting, Boston, MA.
20. Cohen-Gilbert J.E., **Stein, E.R.**, Teicher M.H., Sarvey D, Feinberg J, McWhinnie C, Silveri M.M. (2016). Impact of childhood trauma on alcohol consumption in adolescent patients with co-occurring psychiatric and substance use disorders. *Alcoholism: Clinical and Experimental Research*, *40*(S1).
21. **Stein, E.R.**, Golan, N., Mashoon, Y., Mecklosky, J., Cohen-Gilbert, J.E., Sneider, J.T., & Silveri, M.M. (2016). Insula cortical thickness relates to impulse control in adolescents and emerging adults. Presented at the annual International Neuropsychological Society meeting, Boston, MA.
22. **Stein, E.R.**, Cohen-Gilbert, J.E., Sarvey, D., Feinberg, J., McWhinnie, C., & Silveri, M.M. (2015). Adolescent co-occurring disorders: Opioid use and motivation to change. Poster presented at the annual American Academy of Addiction Psychiatry meeting, Huntington Beach, CA.
23. Sarvey, D., **Stein, E.R.**, Cohen-Gilbert, J.E., Feinberg, J., McWhinnie, C., & Silveri, M.M. (2015). Posttraumatic stress disorder as a predictor of opioid use disorder, mood symptom severity, and suicidality in adolescents. Presented at the annual American Academy of Addiction Psychiatry meeting, Huntington Beach, CA.
24. **Stein, E.R.**, Cohen-Gilbert, J.E., Sternberg, A.B., Sims, G., Rodolico, J., Kaplan, C., Parekh, R., Boger, K.D., McWhinnie, C., & Silveri, M.M. (2015) Impulsivity during emotional distraction in adolescents with substance use disorders and co-morbid depression or ADHD. Poster presented at McLean Research Day, Belmont, MA, and Harvard Psychiatry Research Day, Boston, MA.

25. Sternberg, A., Cohen-Gilbert, J.E., **Stein, E.R.**, Rodolico, J., Kaplan, C., Parekh, R., Boger, K.D., McWhinnie, C., & Silveri, M.M. (2014) Influence of marijuana and depression on inhibitory control during emotional distraction in dually diagnosed adolescents. Presented at the annual Eastern Psychological Association meeting, New York, NY.
26. Parekh, R., **Stein, E.R.**, Martowski, J., Boger, K.D., Sternberg, A., Feinberg, J., & Rodolico, J. (2013) The feasibility of using autobiographical narratives in adolescent dual diagnosis residential treatment. Presented at Harvard Psychiatry Research Day, Boston, MA.
27. Boger, K.D., Martowski, J., **Stein, E.R.**, Feinberg, J., Sternberg, A., Rodolico, J., & Parekh, R. (2013). Cue exposure therapy plus coping skills training: Case study of a dually diagnosed adolescent in residential treatment. Presented at Harvard Psychiatry Research Day, Boston, MA.

RESEARCH EXPERIENCE

- 2019-present **Alcohol and Addiction Research Domain Criteria and Alcohol Use Disorder Recovery**
 NIAAA 2R01AA022328
 Role: Graduate Student Fellow
 Principal Investigator: Katie Witkiewitz, Ph.D.
 University of New Mexico
- 2016-2018 **Mindfulness-Based Intervention and Transcranial Direct Current Brain Stimulation to Reduce Heavy Drinking: Efficacy and Mechanisms of Change**
 NIAAA 1R21AA024926
 Role: Research Coordinator
 Principal Investigator: Katie Witkiewitz, Ph.D.
 University of New Mexico: Psychology Clinical Neuroscience Center
- 2014-2016 **Consequences of Adolescent Alcohol Use on Brain Development**
 NIAAA 5R01AA022493
 Role: Research Coordinator
 Principal Investigator: Marisa Silveri, Ph.D.
 McLean Hospital/Harvard Medical School: McLean Imaging Center
- 2014-2016 **Neural and Cognitive Factors Predicting Adverse Outcomes in College Drinkers**
 NIAAA 5K01AA022392
 Role: Research Coordinator
 Principal Investigator: Julia Cohen-Gilbert, Ph.D.
 McLean Hospital/Harvard Medical School: McLean Imaging Center
- 2014-2016 **Brain Chemistry, Memory, and Mood in Depressed Women.**
 NARSAD Young Investigator (BBRF)
 Role: Research Coordinator
 Principal Investigator: Jennifer Sneider, Ph.D.
 McLean Hospital/Harvard Medical School: McLean Imaging Center
- 2014-2016 **Assessment of Dually Diagnosed Adolescents in the Acute Residential Treatment and Landing Programs at McLean Hospital**

Role: Research Coordinator

Principal Investigator: Chad McWhinnie, Ph.D.

McLean Hospital/Harvard Medical School: Adolescent Acute Residential Treatment Program

2012-2014

Building an Outcomes Assessment Infrastructure to Assess Dually Diagnosed Adolescents and Adults in the Acute Residential Treatment and Landing Programs at McLean Hospital

Role: Volunteer Research Assistant

Principal Investigator: Kathryn Boger, Ph.D.

McLean Hospital/Harvard Medical School: Adolescent Acute Residential Treatment Program

CLINICAL EXPERIENCE

2020-Present

Clinical Assessor, Therapist

University of New Mexico Psychology Department Anxiety Specialty Clinic

Supervisor: Elizabeth Yeater, Ph.D.

Duties: conduct assessments and provide evidence-supported treatments for a range of anxiety disorders including PTSD, OCD, specific phobia, illness anxiety disorder, and generalized anxiety disorder in an outpatient clinic. Treatment modalities include the Unified Protocol for Emotional Disorders, Exposure and Response Prevention, and Cognitive Behavioral Therapy.

2020-Present

Trainer

Mindfulness-Based Relapse Prevention Training for mental health clinicians in Bernalillo County, New Mexico. (MITC Training and Education, funded by Bernalillo County Behavioral Health Initiative)

Co-trainers: Sarah Bowen, Ph.D., Katie Witkiewitz, Ph.D., Joel Grow, Ph.D.

Duties: co-facilitate a Mindfulness-Based Relapse Prevention training for community clinicians that includes six weeks of introduction to mindfulness practice, four full day training intensives, and six bi-monthly implementation coaching calls.

2019-Present

Study Therapist

Mindfulness-Based Resilience Training for Aggression, Stress, and Health in Law Enforcement Officers (NCCIH, 5U01AT009841, Co-PIs: Michael Christopher, Ph.D., Sarah Bowen, Ph.D.)

Pacific University, University of New Mexico

Supervisor: Sarah Bowen, Ph.D.

Duties: facilitate closed cohort groups in Mindfulness-Based Resilience Training for law enforcement officers.

2019-2020

Practicum Student

Military Trauma Treatment Program (MTTP)

Raymond G. Murphy VA Medical Center, Albuquerque, New Mexico

Supervisor: Madeleine Goodkind, Ph.D.

Duties: administer behavioral health intake evaluations for Veterans seeking psychological treatment for post-traumatic stress disorder. Delivered Cognitive Processing Therapy to individual clients.

- 2019 **Group Therapist**
 Crossroads for Women, Maya's Place
 Supervisor: Katie Witkiewitz, Ph.D.
 Duties: facilitate a Mindfulness-Based Relapse Prevention (MBRP) group at a residential transitional living facility for women with co-occurring disorders exiting incarceration.
- 2018-2019 **Practicum Student**
 Psychosocial Rehabilitation and Recovery Center (PRRC)
 Raymond G. Murphy VA Medical Center, Albuquerque, New Mexico
 Supervisor: Dvorah Simon, Ph.D.
 Duties: led weekly outpatient therapy groups and individual therapy for Veterans with severe and persistent mental illness. Collaborated on program development initiatives to update therapeutic curriculum.
- 2018-Present **Study Therapist**
 Neurocognitive and Neurobehavioral Mechanisms of Change Following Psychological Treatment for Alcohol Use Disorder (NIAAA, 1R01AA025762, PI: Barbara McCrady, Ph.D.)
 Center on Alcohol, Substance use, And Addictions, University of New Mexico
 Supervisor: Katie Witkiewitz, Ph.D.
 Duties: administer 12-week individual therapy intervention consisting of Motivational Interviewing and mindfulness-based treatment to participants seeking to reduce their drinking.
- 2017-2020 **Group Therapist**
Lead student practicum coordinator (Summer 2017-Present)
 Turquoise Lodge
 Supervisor: Katie Witkiewitz, Ph.D.
 Duties: facilitate a Mindfulness-Based Relapse Prevention (MBRP) group to open, rolling groups of individuals at an inpatient substance use disorder treatment facility.
- 2016-2021 **Clinical Assessor, Therapist, and Telephone Screener**
Lead student clinic coordinator (Fall 2018-Present)
 Alcohol Specialty Clinic, University of New Mexico
 Supervisor: Barbara S. McCrady, Ph.D.
 Duties: administer, score, and interpret assessments for individuals seeking treatment for alcohol use disorders. Individual therapy in an outpatient setting using evidence-based treatment modalities including: Cognitive Behavioral Therapy (CBT), Motivational Interviewing (MI), and Brief Alcohol Screening and Intervention of College Students (BASICS). Coordinate training clinic for students at all levels in the doctoral program.
- 2016-2018 **Clinical Assessor**
 Neural Mechanisms of Behavior Change in a Community Sample of Drinkers (NIAAA, 3R01AA023665-02S1, PI: Katie Witkiewitz, Ph.D.)
 Center on Alcohol, Substance use, And Addictions, University of New Mexico
 Supervisor: Katie Witkiewitz, Ph.D.
 Duties: administer Structured Clinical Interview for DSM-5 to heavy drinking individuals.
- 2016-2017 **Study Therapist**

Psychological and Neural Mechanisms of Mindfulness and Cognitive Retraining
(NIAAA, 5R21AA023661-02, PI: Matthew Pearson, Ph.D.)
Center on Alcohol, Substance use, And Addictions, University of New Mexico
Supervisor: Katie Witkiewitz, Ph.D.
Duties: administer twice-weekly Mindfulness and Health Education intervention
protocols to individuals with alcohol use disorder.

2012-2014

Clinical Education Specialist

Adolescent Acute Residential Treatment Program, McLean Hospital, Harvard Medical
School

Supervisor: Jessica Feinberg, LICSW

Duties: conducted group psychotherapy and exposure and response prevention sessions
with adolescents with co-occurring substance use and psychiatric disorders. Specific
interventions used were Dialectical Behavior Therapy, Cognitive Behavioral Therapy,
and relapse prevention.

TEACHING EXPERIENCE

Course Instructor

Spring 2021

Alcohol Use Disorders (Supervisor: Dr. Stephen Alley)
Department of Psychology, University of New Mexico

Guest Lecturer

Fall 2019

Health Psychology (Instructor: Karlyn Edwards, M.S.)
Department of Psychology, University of New Mexico

Training Facilitator

Fall 2021

Mindfulness Based Relapse Prevention Training
(co-facilitators: Dr. Sarah Bowen, Dr. Joel Grow)
Funded by the Bernalillo County Behavioral Health Initiative and Sponsored by MITC
Training

Summer 2020

Mindfulness Based Relapse Prevention Training
(co-facilitator: Dr. Katie Witkiewitz)
UNM Clinical Psychology Doctoral Program

Fall 2020

Mindfulness Based Relapse Prevention Training
(co-facilitators: Dr. Sarah Bowen, Dr. Katie Witkiewitz)
Funded by the Bernalillo County Behavioral Health Initiative and Sponsored by MITC
Training

PROFESSIONAL ACTIVITIES AND SERVICE

Service to National Organizations

2021 – Present

Psychological Clinical Science Accreditation System (PCSAS) Student Representative

2017 – 2019

Communications & Technology Committee (American Psychological Association
Division 50: Society of Addiction Psychology)

Service to Institutional and Departmental Committees and Organizations

2018 – 2021

Clinical Student Representative (Graduate Association of Students in Psychology)

OCTOBER 2021

STEIN 10

Professional Affiliations and Memberships

- 2017 – Present American Psychological Association Division 50: Society of Addiction Psychology
2017 – Present Research Society on Alcoholism
2019 – Present New Mexico Psychological Association

Ad Hoc Reviewing

Brain Stimulation, Mindfulness, Journal of Substance Abuse Treatment, Psychiatry Research, Frontiers in Psychology

ADVANCED CLINICAL TRAINING

- 2019 *Community Reinforcement Approach*, presented by Jane Ellen Smith, Ph.D., University of New Mexico
2019 *Behavioral Activation for Depression*, presented by Jane Ellen Smith, Ph.D., University of New Mexico
2019 *Cognitive-Behavioral Therapy for Panic Disorder*, presented by Jane Ellen Smith, Ph.D., University of New Mexico
2019 *Cognitive Behavioral Therapy – Enhanced for Eating Disorders*, presented by Jane Ellen Smith, Ph.D., University of New Mexico
2019 *Cognitive Processing Therapy for PTSD Training Workshop*, presented by Madeleine Goodkind, Ph.D., Raymond G. Murphy VA Medical Center
2019 *Mindfulness-Based Resiliency Training*, presented by Sarah Bowen, Ph.D., University of New Mexico
2018 *Cognitive Behavior Therapy for Alcohol Use Disorder*, presented by Barbara McCrady, Ph.D., University of New Mexico
2018 *Motivational Interviewing Course*, taught by Theresa Moyers, Ph.D., University of New Mexico
2017 *Brief Alcohol Screening, and Intervention with College Students Therapist Training*. Presented by Katie Witkiewitz, PhD (University of New Mexico).
2017, 2018 *Mindfulness-Based Relapse Prevention*, presented by Sarah Bowen, Ph.D. and Katie Witkiewitz, Ph.D., University of New Mexico
2013 *Motivational Interviewing*, presented by John Rodolico, Ph.D., McLean Hospital

ADVANCED QUANTITATIVE METHODOLOGY TRAINING

- 2021 *Longitudinal Structural Equation Modeling*. Presented by Patrick Curran, Ph.D., and Dan Bauer, Ph.D. (CenterStat)
2021 *Applied Measurement Modeling*. Presented by Patrick Curran, Ph.D., and Greg Hancock, Ph.D. (CenterStat)
2020 *Advanced Latent Variable Modeling Course*, taught by Katie Witkiewitz, Ph.D., University of New Mexico
2019 *Structural Equation Modeling Course*, taught by Yu-Yu Hsiao, Ph.D., University of New Mexico
2018 *Applied Data Analysis Course*, taught by Katie Witkiewitz, Ph.D., University of New Mexico
2018 *fMRI Image Acquisition and Analysis Course*. Presented by Kent Kiehl, Ph.D., Vince Calhoun, Ph.D., and Tor Wager, Ph.D. (The Mind Research Network)