

# Julia E. Swan

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## CONTACT INFORMATION

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Department of Psychology  
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## EDUCATION

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- 2019 – Present **University of New Mexico**, Albuquerque, NM  
Graduate Student in Clinical Psychology, Ph.D. Program  
Advisor: Dr. Katie Witkiewitz, Ph.D.
- 2013 – 2017 **University of Michigan**, Ann Arbor, MI  
Bachelor of Arts in Psychology and English, with Distinction  
Minor in Religion  
Senior Honors Thesis: *Associations between delay discounting performance and reward-related neural activity*  
Advisors: Luke Hyde, Ph.D. & Laura Murray, Ph.D.

## HONORS AND AWARDS

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- 2020 – 2021 NIAAA T32 Predoctoral Fellowship  
2019 Grice Graduate Fellowship in Psychology  
2017 Graduated with Honors in Psychology  
2014 – 2017 University Honors, University of Michigan  
2014 Angell Scholar, University of Michigan  
2013 Sung Kwon/John Hampton Memorial Scholarship

## PUBLICATIONS

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### *Peer-reviewed Articles:*

1. Maisto, S. A., Hallgren, K. A., **Swan, J.E.**, Roos, C., & Witkiewitz, K. (in press). Within-AUD outpatient treatment heavy drinking transitions and associations with long-term outcomes. *Drug and Alcohol Dependence*.
2. Witkiewitz, K., Wilson, A. D., Pearson, M.R., Roos, C. R., **Swan, J. E.**, Votaw, V. R., Stein, E. R., Edwards, K. A., Tonigan, J. S., Hallgren, K. A., Montes, K. S., Maisto, S. A., & Tucker, J. A. (2021). A bridge to nowhere: Resistance to the possibility of some heavy drinking during recovery and the potential public health implications. *Journal of Addiction Medicine*, Feb. 2021.
3. Stein, E.R., Votaw, V.R., **Swan, J.E.**, & Witkiewitz, K. (2021). The Addictions Neuroclinical Assessment incentive salience domain among treatment-seekers with

alcohol use disorder: Construct validity and measurement invariance. *Journal of Substance Abuse Treatment*, 122 (2021) 108227.

4. Witkiewitz, K., Wilson, A. D., Roos, C. R., **Swan, J. E.**, Votaw, V. R., Stein, E. R., Pearson, M. R., Edwards, K. A., Tonigan, J. S., Hallgren, K. A., Montes, K. S., Maisto, S. A., & Tucker, J. A. (2021). Can individuals with alcohol use disorder sustain non-abstinent recovery? Non-abstinent outcomes 10 years after alcohol use disorder treatment. *Journal of Addiction Medicine*, 15, 303-310. doi: 10.1097/ADM.0000000000000760
5. Maisto, S.A., Hallgren, K.A., Roos, C., **Swan, J.E.**, & Witkiewitz, K. (2020). Patterns of transitions between relapse and remission from heavy drinking over the first year after outpatient alcohol treatment and their relation to long-term outcomes. *Journal of Consulting and Clinical Psychology*, 88(12), 1119-1132.
6. Witkiewitz, K., Pearson, M. R., Wilson, A. D., Stein, E. R., Votaw, V. R., Hallgren, K. A., Maisto, S. A., **Swan, J. E.**, Schwebel, F. J., Aldridge, A., Zarkin, G. A., & Tucker, J. A. (in press). Can alcohol use disorder recovery include some heavy drinking? A replication and extension up to nine years following treatment. *Alcoholism: Clinical and Experimental Research*, 44(9), 1862-1874.
7. **Swan, J.E.**, Votaw, V.R., Stein, E.R., & Witkiewitz, K. (2020). The role of affect in psychosocial treatments for substance use disorders. *Current Addiction Reports*, 7(2), 108-116.
8. Gowin, J.L., Sloan, M.E., **Swan, J.E.**, Momenan, R., & Ramchandani, V.A. (2018). The relationship between delay discounting and alcohol dependence in individuals with and without comorbid psychopathology. *Psychopharmacology*, 236, 775-785.
9. Sloan, M. E., Klepp, T. D., Gowin, J. L., **Swan, J. E.**, Sun, H., Stangl, B. L., & Ramchandani, V.A. (2018). The OPRM1 A118G polymorphism: Converging evidence against associations with alcohol sensitivity and consumption. *Neuropsychopharmacology*, 43(7), 1530-1538.

#### **Articles Under Review:**

10. **Swan, J.E.**, Aldridge, A., Joseph, V., Tucker, J. A., & Witkiewitz, K. (under review). Individual and community social determinants of health and recovery from alcohol use disorder three years following treatment.

#### **PRESENTATIONS**

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##### **Oral Presentation:**

1. **Swan, J. E.** “The influence of alcohol dependence and comorbid psychopathology on delay discounting.” Presented at: NIH Postbaccalaureate Seminar Series; 2018 December 13<sup>th</sup>; Bethesda, MD, USA.

##### **Poster Presentations:**

1. **Swan, J.E.**, Stein, E.R., Claus, E.D., & Witkiewitz, K. Reward and relief phenotype in a community sample of individuals with alcohol use disorder. Poster presented at: 44<sup>th</sup> Research Society on Alcoholism Annual Meeting; 2021 June 19-23; Virtual.
2. **Swan, J.E.**, Witkiewitz, K., Hasin, D.S., Mann, K.F., Kranzler, H.R., Falk, D.E., Litten, R.Z., O'Malley, S.S., & Anton, R.F. Reductions in World Health Organization drinking risk levels show improvements in perceptions of stress in patients in an alcohol clinical trial. Poster accepted for: 43<sup>rd</sup> Research Society on Alcoholism Annual Meeting; 2020 June 20-24; New Orleans, LA, USA (Conference canceled due to COVID-19).
3. **Swan, J.E.**, Votaw, V.R., Stein, E.R., & Witkiewitz, K. Severity of alcohol use disorder and negative emotionality in individuals with alcohol use disorder. Poster accepted for: 2020 Collaborative Perspectives on Addiction Meeting; 2020 April 2-4; San Diego, CA, USA (Conference canceled due to COVID-19).
4. **Swan, J.E.**, Gowin, J.L., Stangl, B.L., Ramchandani, V.A. High intensity binge drinking and alcohol response phenotypes in human laboratory studies of alcohol self-administration. Poster presented at: 42<sup>nd</sup> Research Society on Alcoholism Annual Meeting; 2019 June 22-26; Minneapolis, MN, USA.
5. **Swan, J.E.**, Gowin, J.L., Stangl, B.L., Ramchandani, V.A. High intensity binge drinking and stimulating effects in human laboratory studies of alcohol self-administration. Poster presented at: Association for Clinical and Translational Science; 2019 March 6-8; Washington, DC, USA.
6. **Swan, J.E.**, Gowin, J.L., Sloan, M.E., Momenan, R., Ramchandani, V.A. Influence of recent drinking history on discounting of delayed rewards. Poster presented at: 41<sup>st</sup> Research Society on Alcoholism Annual Meeting; 2018 June 16-20; San Diego, CA, USA.
7. **Swan, J.E.**, Gowin, J.L., Sloan, M.E., Momenan, R., Ramchandani, V.A. Influence of alcohol use disorder and comorbid psychopathology on discounting of delayed rewards. Poster presented at: Association for Clinical and Translational Science; 2018 April 19-21; Washington, DC, USA.
8. **Swan, J.E.**, Murray, L., Hyde, L.W., Monk, C. Associations between delay discounting performance and reward-related neural activity. Poster presented at: Psychology Research Forum, University of Michigan; 2017 April 14; Ann Arbor, MI, USA.
9. Margulis, D. \*, **Swan, J.** \*, Grynberg, D., Konrath, S., Empathy and social relations. Poster presented at: Undergraduate Research Opportunity Program Symposium, University of Michigan; 2014 April 23; Ann Arbor, MI, USA. \*Equal contribution
10. Babu, P. \*, Cheng, C. \*, **Swan, J.** \*, Zarins, S., Konrath, S. Adverse childhood experiences (ACE) and lie detection ability. Poster presented at: Michigan Undergraduate Research Presentation Conference (MURPC), Western Michigan University; 2014 April 19; Kalamazoo, MI, USA. \*Equal contribution

## RESEARCH EXPERIENCE

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- 2019 – Present **Graduate Student Researcher**  
Department of Psychology, University of New Mexico  
Advisor: Katie Witkiewitz, Ph.D.  
Duties: Organize, analyze, and write manuscripts using secondary data from Project MATCH, COMBINE, and RREP to examine long-term recovery and patterns of use (Grant: R01 AA022328). Administer assessments to law enforcement officers prior to a mindfulness-based resilience training intervention or control condition (Grant: U01 AT009841).
- 2017 – 2019 **Post-baccalaureate Intramural Research Training Award Fellow**  
National Institute on Alcohol Abuse and Alcoholism, NIH  
Advisor: Vijay A. Ramchandani, Ph.D.  
Duties: Acted as a study coordinator in a study examining the genetic effects of CHRNA5 on the intravenous self-administration of alcohol. Processed and analyzed neural and behavioral fMRI data in a study on the effects of Nalmefene on the self-administration of alcohol and neural processes (Grant: ZIA AA000466).
- 2015 – 2017 **Undergraduate Research Assistant**  
Department of Psychology, University of Michigan  
Advisor: Luke W. Hyde, Ph.D.  
Duties: Assisted in data collection for two longitudinal studies with an adolescent or a set of twins and their primary caregiver examining genetic and environmental effects on childhood conduct and functioning.
- 2013 – 2014 **Undergraduate Research Assistant**  
Department of Psychology, University of Michigan  
Advisors: Sara Konrath, Ph.D. and Delphine Grynberg, Ph.D.  
Duties: Collected data as a confederate and researcher in an in-person study focusing on the relationship between empathy, social relations, and self-construals.

## CLINICAL EXPERIENCE

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- 2021 – Present **Clinical Practicum Student**  
Brain and Behavior Associates  
Supervisor: Lynette Abrams-Silva, Ph.D.,  
Duties: Observe neuropsychology interviews and administer and score assessments. Assist in writing clinical reports and present cases in supervision.
- 2021 – Present **Clinical Practicum Student**  
Private practice

Supervisors: Julie Brovko, Ph.D. and Simone Viljoen, Ph.D.

Duties: Observe forensic interviews in competency to stand trial cases and administer assessments at the private practice and in prisons. Assist in writing up forensic reports.

2020 – Present **Therapist and Assessor**

UNM General Psychology Clinic

Supervisor: Lynette Abrams-Silva, Ph.D. (2020 – Present), Katie Witkiewitz, Ph.D. (2021), and Kamilla Venner, Ph.D. (2021 – Present)

Duties: Provide individual, empirically supported treatments, such as Behavior Activation, for clients with depression. Administer and score assessments and write reports for individual's seeking mental health treatment.

2019 – Present **Group Therapist**

**Student practicum coordinator (Summer 2020 – Present)**

Turquoise Lodge and online community mindfulness group through UNM

Supervisor: Katie Witkiewitz, Ph.D.

Duties: Facilitate a Mindfulness-Based Relapse Prevention (MBRP) rolling group to individuals at an inpatient substance use disorder treatment center. Lead a mindfulness-based skills rolling group, based on MBRP, to individuals in the community through videoconferencing technology.

2019 – Present **Therapist, Assessor, and Telephone Screener**

@UNM Alcohol Clinic

Supervisors: Barbara McCrady, Ph.D. (2019 – 2021), Katie Witkiewitz, Ph.D. (2020 – 2021), Theresa Moyers, Ph.D. (2021 – Present), and Kamilla Venner, Ph.D. (2021 – Present)

Duties: Provide individual, empirically supported treatments, such as Cognitive Behavioral Therapy and Community Reinforcement Approach, for clients with alcohol and substance use disorders. Administer and score assessments and write reports for individual's seeking treatment for alcohol use disorder or those mandated for an alcohol evaluation by the court. Screened calls to determine eligibility for treatment.

## **CLINICAL TRAINING**

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### ***Treatment Training***

- 2021 Mindfulness-Based Relapse Prevention Training Workshop for rolling groups. Presented by Sarah Bowen, Ph.D., Katie Witkiewitz, Ph.D., and Elena Stein, M.S. (University of New Mexico).
- 2020 Motivational Interviewing course. Taught by Theresa Moyers, Ph.D. (University of New Mexico).

2019 Mindfulness-Based Relapse Prevention Training Workshop. Presented by Sarah Bowen, Ph.D. and Katie Witkiewitz, Ph.D. (University of New Mexico).

### ***Assessment Training***

Wechsler Memory Scale, 4<sup>th</sup> Edition (WMS-IV) administration and scoring  
Wechsler Adult Intelligence Scale (WAIS-IV) administration and scoring  
Structured Clinical Interview for the DSM-5 (SCID-5) administration and scoring  
Wide Range Achievement Test (WRAT5) administration and scoring  
Mini Mental Status Exam (MMSE & MMSE-2) administration and scoring  
Repeatable Battery Assessment for Neuropsychological Symptoms (RBANS) administration and scoring

### **MENTORSHIP**

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2020 – 2021 **Graduate Student to Graduate Student Program**, UNM Psychology Department  
2018 **Alumni Mentor**, U of M LSA Summer Mentorship Program

### **PROFESSIONAL SOCIETY MEMBERSHIPS AND ASSOCIATIONS**

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2020 – Present *American Psychological Association, Division 50 (Addiction) and Division 45 (Culture, Ethnicity, and Race)*, Student Affiliate  
2019 – Present *Research Society on Alcoholism*, Student Member  
2019 – 2020 Graduate Association of Students in Psychology, University of New Mexico  
2014 – 2017 Psi Chi International Honors Society in Psychology, University of Michigan

### **LEADERSHIP AND SERVICE**

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2019 – Present **Treasurer**, Diversity Organization, Department of Psychology, University of New Mexico  
2017 – 2019 **Volunteer**, Habitat for Humanity, Rockville Restore  
2013 – 2017 **Treasurer, Volunteer Coordinator, and Assistant Director of Publicity**, Habitat for Humanity, University of Michigan Chapter  
2013 – 2015 **Secretary**, Undergraduate Psychology Society, University of Michigan