

# Julia E. Swan

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## CONTACT INFORMATION

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Department of Psychology  
University of New Mexico  
Logan Hall  
MSC03-2220  
1 University of New Mexico  
Albuquerque, NM 87131

[jswan@unm.edu](mailto:jswan@unm.edu)  
(505)226-1689

## EDUCATION

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- 2019 – Present    **University of New Mexico**, Albuquerque, NM  
Graduate Student in Clinical Psychology, Ph.D. Program  
Advisor: Dr. Katie Witkiewitz, Ph.D.
- 2013 – 2017      **University of Michigan**, Ann Arbor, MI  
Bachelor of Arts in Psychology and English, with Distinction  
Minor in Religion  
Senior Honors Thesis: *Associations between delay discounting performance and reward-related neural activity*  
Advisors: Luke Hyde, Ph.D. & Laura Murray, Ph.D.

## HONORS AND AWARDS

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- 2020              NIAAA T32 Predoctoral Fellowship
- 2019              Grice Graduate Fellowship in Psychology
- 2017              Graduated with Honors in Psychology
- 2014 – 2017      University Honors, University of Michigan
- 2014              Angell Scholar, University of Michigan
- 2013              Sung Kwon/John Hampton Memorial Scholarship

## PUBLICATIONS

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### *Peer-reviewed Articles:*

1. Witkiewitz, K., Wilson, A. D., Roos, C. R., **Swan, J. E.**, Votaw, V. R., Stein, E. R., Pearson, M. R., Edwards, K. A., Tonigan, J. S., Hallgren, K. A., Montes, K. S., Maisto, S. A., & Tucker, J. A. (in press). Can individuals with alcohol use disorder sustain non-abstinent recovery? Non-abstinent outcomes 10 years after alcohol use disorder treatment. *Journal of Addiction Medicine*.
2. Witkiewitz, K., Pearson, M. R., Wilson, A. D., Stein, E. R., Votaw, V. R., Hallgren, K. A., Maisto, S. A., **Swan, J. E.**, Schwebel, F. J., Aldridge, A., Zarkin, G. A., & Tucker, J. A. (in press). Can alcohol use disorder recovery include some heavy drinking? A replication and extension up to nine years following treatment. *Alcoholism: Clinical and Experimental Research*.
3. **Swan, J.E.**, Votaw, V.R., Stein, E.R., & Witkiewitz, K. (2020). The role of affect in psychosocial treatments for substance use disorders. *Current Addiction Reports*, 7(2), 108-116.

4. Gowin, J.L., Sloan, M.E., **Swan, J.E.**, Momenan, R., & Ramchandani, V.A. (2018). The relationship between delay discounting and alcohol dependence in individuals with and without comorbid psychopathology. *Psychopharmacology*, 236, 775-785.
5. Sloan, M. E., Klepp, T. D., Gowin, J. L., **Swan, J. E.**, Sun, H., Stangl, B. L., & Ramchandani, V.A. (2018). The OPRM1 A118G polymorphism: Converging evidence against associations with alcohol sensitivity and consumption. *Neuropsychopharmacology*, 43(7), 1530-1538.

***Manuscripts under Review:***

1. Maisto, S.A., Hallgren, K.A., Roos, C., **Swan, J.E.**, & Witkiewitz, K. (invited revision). Bouncing back: Patterns of transitions between relapse and remission over the first year after outpatient alcohol treatment and their relation to long-term outcomes. *Journal of Consulting and Clinical Psychology*.
2. Stein, E.R., Votaw, V.R., **Swan, J.E.**, & Witkiewitz, K. (under review). The Addictions Neuroclinical Assessment incentive salience domain among treatment-seekers with alcohol use disorder: Construct validity and measurement invariance.

**PRESENTATIONS**

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***Oral Presentation:***

1. **Swan, J. E.** “The influence of alcohol dependence and comorbid psychopathology on delay discounting.” Presented at: NIH Postbaccalaureate Seminar Series; 2018 December 13<sup>th</sup>; Bethesda, MD, USA.

***Poster Presentations:***

1. **Swan, J.E.**, Witkiewitz, K., Hasin, D.S., Mann, K.F., Kranzler, H.R., Falk, D.E., Litten, R.Z., O’Malley, S.S., & Anton, R.F. Reductions in World Health Organization Drinking Risk Levels Show Improvements in Perceptions of Stress in Patients in an Alcohol Clinical Trial. Poster accepted for: 42<sup>nd</sup> Research Society on Alcoholism Annual Meeting; 2020 June 20-24; New Orleans, LA, USA (Conference canceled due to COVID-19).
2. **Swan, J.E.**, Votaw, V.R., Stein, E.R., & Witkiewitz, K. Severity of Alcohol Use Disorder and Negative Emotionality in Individuals with Alcohol Use Disorder. Poster accepted for: 2020 Collaborative Perspectives on Addiction Meeting; 2020 April 2-4; San Diego, CA, USA (Conference canceled due to COVID-19).
3. **Swan, J.E.**, Gowin, J.L., Stangl, B.L., Ramchandani, V.A. High intensity binge drinking and alcohol response phenotypes in human laboratory studies of alcohol self-administration. Poster presented at: 41<sup>st</sup> Research Society on Alcoholism Annual Meeting; 2019 June 22-26; Minneapolis, MN, USA.
4. **Swan, J.E.**, Gowin, J.L., Stangl, B.L., Ramchandani, V.A. High intensity binge drinking and stimulating effects in human laboratory studies of alcohol self-administration. Poster presented at: Association for Clinical and Translational Science; 2019 March 6-8; Washington, DC, USA.
5. **Swan, J.E.**, Gowin, J.L., Sloan, M.E., Momenan, R., Ramchandani, V.A. Influence of recent drinking history on discounting of delayed rewards. Poster presented at: 41<sup>st</sup> Research Society on Alcoholism Annual Meeting; 2018 June 16-20; San Diego, CA, USA.
6. **Swan, J.E.**, Gowin, J.L., Sloan, M.E., Momenan, R., Ramchandani, V.A. Influence of alcohol use disorder and comorbid psychopathology on discounting of delayed

- rewards. Poster presented at: Association for Clinical and Translational Science; 2018 April 19-21; Washington, DC, USA.
7. **Swan, J.E.**, Murray, L., Hyde, L.W., Monk, C. Associations between delay discounting performance and reward-related neural activity. Poster presented at: Psychology Research Forum, University of Michigan; 2017 April 14; Ann Arbor, MI, USA.
  8. Margulis, D. \*, **Swan, J. \***, Grynberg, D., Konrath, S., Empathy and social relations. Poster presented at: Undergraduate Research Opportunity Program Symposium, University of Michigan; 2014 April 23; Ann Arbor, MI, USA. \*Equal contribution
  9. Babu, P. \*, Cheng, C. \*, **Swan, J. \***, Zarins, S., Konrath, S. Adverse childhood experiences (ACE) and lie detection ability. Poster presented at: Michigan Undergraduate Research Presentation Conference (MURPC), Western Michigan University; 2014 April 19; Kalamazoo, MI, USA. \*Equal contribution

## **RESEARCH EXPERIENCE**

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- 2019 – Present    **Graduate Student Researcher**  
 Department of Psychology, University of New Mexico  
 Advisor: Katie Witkiewitz, Ph.D.  
 Duties: Organizing, analyzing, and writing manuscripts using secondary data from Project MATCH, COMBINE, and RREP to examine long-term recovery and patterns of use (Grant: R01 AA022328). Running law enforcement officers through an assessment prior to a mindfulness-based resilience training intervention (Grant: U01 AT009841).
- 2017 – 2019    **Post-baccalaureate Intramural Research Training Award Fellow**  
 National Institute on Alcohol Abuse and Alcoholism, NIH  
 Advisor: Vijay A. Ramchandani, Ph.D.  
 Duties: Acted as a study coordinator in a study examining the genetic effects of CHRNA5 on the intravenous self-administration of alcohol. Processed and analyzed neural and behavioral fMRI data in a study on the effects of Nalmefene on the self-administration of alcohol and neural processes (Grant: ZIA AA000466).
- 2015 – 2017    **Undergraduate Research Assistant**  
 Department of Psychology, University of Michigan  
 Advisor: Luke W. Hyde, Ph.D.  
 Duties: Assisted in data collection for two longitudinal studies with an adolescent or a set of twins and their primary caregiver examining genetic and environmental effects on childhood conduct and functioning.
- 2013 – 2014    **Undergraduate Research Assistant**  
 Department of Psychology, University of Michigan  
 Advisors: Sara Konrath, Ph.D. and Delphine Grynberg, Ph.D.  
 Duties: Collected data as a confederate and researcher in an in-person study focusing on the relationship between empathy, social relations, and self-construals.

## CLINICAL EXPERIENCE

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- 2020 – Present **Online Mindfulness-Based Relapse Prevention Group (MBRP) Co-Leader**, through the University of New Mexico  
Supervisor: Katie Witkiewitz, Ph.D.
- 2019 – Present **Mindfulness-Based Relapse Prevention (MBRP) Group Co-Leader**,  
Turquoise Lodge Hospital  
Supervisor: Katie Witkiewitz, Ph.D.
- 2019 – Present **Phone Screener**, @UNM Alcohol Clinic  
Supervisor: Barbara McCrady, Ph.D.

## CLINICAL AND ANALYSIS SKILLS

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### *Clinical Training*

Mindfulness-based Relapse Prevention (MBRP) training  
Structured Clinical Interview for the DSM-5 (SCID-5) administration and scoring  
Wechsler Abbreviated Scale of Intelligence (WASI-II) administration and scoring  
Clinical telephone interview training

### *Data Analysis and Programming*

*Programming*: E-Prime, Presentation  
*Analysis Tools*: SPSS, R, Prism

## MENTORSHIP

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- 2018 **Alumni Mentor**, U of M LSA Summer Mentorship Program

## PROFESSIONAL SOCIETY MEMBERSHIPS AND ASSOCIATIONS

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- 2020 – Present *American Psychological Association, Division 50 (Addiction)*, Student Affiliate
- 2019 – Present *Research Society on Alcoholism*, Student Member
- 2019 – 2020 Graduate Association of Students in Psychology, University of New Mexico
- 2014 – 2017 Psi Chi International Honors Society in Psychology, University of Michigan

## LEADERSHIP AND SERVICE

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- 2019 – Present **Treasurer**, Diversity Organization, Department of Psychology, University of New Mexico
- 2017 – 2019 **Volunteer**, Habitat for Humanity, Rockville Restore
- 2013 – 2017 **Treasurer, Volunteer Coordinator, and Assistant Director of Publicity**, Habitat for Humanity, University of Michigan Chapter
- 2013 – 2015 **Secretary**, Undergraduate Psychology Society, University of Michigan