

**Dylan K. Richards, Ph.D.**

Center on Alcohol, Substance use, And Addictions (CASAA)  
University of New Mexico  
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**ACADEMIC APPOINTMENTS**

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**2020 - University of New Mexico**  
Postdoctoral Fellow, Center on Alcohol, Substance use, And Addictions (CASAA)

**EDUCATION**

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**2020 University of Texas at El Paso**  
Ph.D. General Psychology (Health Concentration)  
Certificate in Quantitative Methods in Psychology  
Advisor: Craig A. Field, Ph.D., M.P.H.

**2018 University of Texas at El Paso**  
M.A. Experimental Psychology  
Advisor: Craig A. Field, Ph.D., M.P.H.

**2014 George Mason University**  
B.S. Psychology (Summa Cum Laude)  
Advisor: John H. Riskind, Ph.D.

**HONORS AND AWARDS**

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**Research awards**

2020 Sloboda and Bukoski Cup Winners, Society for Prevention Research  
2020 Best Master's Thesis, UTEP Department of Psychology  
2020 Graduate Research Productivity Award, UTEP Department of Psychology  
2019 Research Recognition Award, UTEP Latino Alcohol and Health Disparities Research and Training Center  
2014 Best Researcher, GMU Psychology Honors Program

**Academic awards**

2019 Faculty Choice Award, UTEP Department of Psychology  
2014 Departmental Honors, GMU Department of Psychology  
2014 National Society of Collegiate Scholars, GMU  
2014 Psi Chi National Honor Society, GMU  
2014 Sigma Alpha Lambda Honor Society, GMU  
2013 - 2014 Outstanding Psychology Senior, GMU  
2013 - 2014 Provost Achievement Award (\$1,000), GMU  
2012 - 2014 Dean's List, GMU  
2009 - 2011 Dean's List, UTEP

**Travel awards**

2017 - 2019 Dodson Travel Grant (\$300-\$500), UTEP College of Liberal Arts  
2017, 2019 Graduate Student Travel Grant (\$850), UTEP Graduate School

**FUNDING**

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**Current**

2020 - **National Institute on Alcohol Abuse and Alcoholism (T32 AA018108)**

*Alcohol research training: methods and mechanisms*  
 Postdoctoral Fellow (PI: Barbara McCrady)

### **Pending**

Pending

**National Institute on Alcohol Abuse and Alcoholism** (F32 AA028712)  
*An ecologically valid application of self-determination theory to understand responsible alcohol use*  
 Principal Investigator (Sponsor: Matthew R. Pearson, Co-Sponsor: Katie Witkiewitz)  
 Amount requested: \$194,790

### **Completed**

2020

**National Institute on Alcohol Abuse and Alcoholism** (R01 AA022328)  
*Alcohol and addiction research domain criteria and alcohol use disorder recovery*  
 Postdoctoral Fellow (PI: Katie Witkiewitz)

2017

**University of Texas at El Paso Dodson Research Grant**  
*A self-determination theory approach to understanding responsible drinking among college students*  
 Principal Investigator (Sponsor: Craig A. Field)  
 Amount awarded: \$3,000

2013

**George Mason University Undergraduate Research Scholars Grant**  
*The relationship between attributing mental characteristics to non-human threats and anxiety symptoms*  
 Principal Investigator (Sponsor: John H. Riskind)  
 Amount awarded: \$5,000

## **PUBLICATIONS**

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### **Peer-reviewed journal articles**

1. Alvarez, M.J., **Richards, D.K.**, Oviedo-Ramirez, S., & Field, C.A. (in press). Social network heavy drinking moderates the effects of a brief motivational intervention for alcohol use among injured patients. *Addictive Behaviors*.
2. Lopez, C.I., **Richards, D.K.**, & Field, C.A. (in press). Perceived discrimination and alcohol-related problems among Hispanic college students: The protective role of serious harm reduction behaviors. *Journal of Ethnicity in Substance Abuse*.
3. **Richards, D.K.**, Fetterman, A.K., Krebs, M.C., Neugebauer, J., Ray, D.G., & Sassenberg, K. (in press). Positive and negative emotions predict weight loss intentions and behaviors beyond Theory of Planned Behavior constructs. *Eating and Weight Disorders - Studies on Anorexia, Bulimia, and Obesity*.
4. **Richards, D.K.**, Morera, O.F., & Field, C.A. (in press). The psychometric properties of a version of the Treatment Self-Regulation Questionnaire for assessing motivations for responsible drinking. *Journal of American College Health*.
5. **Richards, D.K.**, Pearson, M.R., & Field, C.A. (in press). Further validation of the Treatment Self-Regulation Questionnaire for assessing motivations for responsible drinking: A test of self-determination theory. *Experimental and Clinical Psychopharmacology*.
6. Curtis, S.R., **Richards, D.K.**, & Jones, D.N. (2020). The association between psychopathy and influencing others to use substances. *Substance Use & Misuse*, 55, 1097-1105.

7. Lloyd, C.D., Hanson, R.K., **Richards, D.K.**, & Serin, R.C. (2020). Reassessment improves prediction of criminal recidivism: A prospective study of 3,421 individuals in New Zealand. *Psychological Assessment*, 32, 568-581.
8. **Richards, D.K.**, Morera, O.F., Cabriaes, J.A., Cardoso Smith, J., & Field, C.A. (2020). Factor, concurrent, and predictive validity of the Readiness to Change Questionnaire [Treatment Version] among non-treatment seeking individuals. *Alcohol & Alcoholism*, 55, 409-415.
9. **Richards, D.K.**, Pearson, M.R., & Field, C.A. (2020). Profiles of motivations for responsible drinking among college students: A self-determination theory perspective. *Addictive Behaviors*, 111, 106550.
10. Cabriaes, J.A., **Richards, D.K.**, & Cooper, T.V. (2019). Heterogeneity of intermittent smokers in a Hispanic college student sample. *Addictive Behaviors*, 96, 94-99.
11. **Richards, D.K.**, Pearson, M.R., Morera, O.F., & Field, C.A. (2019). Protective behavioral strategies predict alcohol-related problems among injured patients following a brief intervention. *Drug and Alcohol Dependence*, 205, 107535.
12. **Richards, D.K.**, Puentes, R.P., Gonzales, R., Cardoso Smith, J., Field, C.A., & Morera, O.F. (2018). A psychometric evaluation of the Protective Behavioral Strategies Scale-20 among internet samples of adult drinkers. *Addictive Behaviors Reports*, 8, 71-78.
13. Riskind, J.H., & **Richards, D.K.** (2018). The effect of germ movement on the construal of mental states in germs: The moderating role of contamination fear. *Cognitive Therapy and Research*, 42, 36-47.

#### Under review

1. Field, C.A., **Richards, D.K.**, Castro, Y., Cabriaes, J.A., Wagler, A., & von Sternberg, K. (second invited resubmission). The effects of a brief motivational intervention for alcohol misuse through stages of change. *Alcoholism: Clinical and Experimental Research*.
2. Pearson, M.R., Wilson, A.D., **Richards, D.K.**, & Witkiewitz, K. (second invited resubmission). Maintaining success in failure: Psychosocial improvements among high functioning heavy drinkers three years following treatment. *Addiction*.
3. Montes, K.S., **Richards, D.K.**, Pearson, M.R., & Marijuana Outcomes Study Team. (initial review). A novel approach to assess descriptive and injunctive norms for college student marijuana use.
4. Pearson, M.R., Schwebel, F.J., **Richards, D.K.**, & Witkiewitz, K. (initial review). Examining replicability in addictions research: How to assess and ways forward.
5. **Richards, D.K.**, Schwebel, F.J., Pearson, M.R., & Protective Strategies Study Team. (initial review). A test of interaction effects between cannabis protective behavioral strategies and antecedents of cannabis-related consequences.
6. Schwebel, F.J., **Richards, D.K.**, Pearson, M.R., & Protective Strategies Study Team. (initial review). A test of interaction effects between alcohol protective behavioral strategies and antecedents of alcohol-related consequences.
7. Schwebel, F.J., Sanjuan, P.M., **Richards, D.K.**, & Pearson, M.R. (initial review). Examining the impact of COVID-19 on adolescent outpatient substance use.
8. Schwebel, F.J., Weinstein, A.P., **Richards, D.K.**, Bravo, A.J., & Pearson, M.R. (initial review). Examining sex and cross-cultural differences on a comprehensive assessment of protective behavioral strategies for alcohol.

## EDITORIAL ACTIVITIES

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### Editorial assistant

2016 - 2017 Journal of Bilingual Education Research and Instruction

### Ad hoc reviewer

1. Assessment
2. Cannabis
3. Drug and Alcohol Dependence
4. International Quarterly of Community Health Education
5. Journal of American College Health
6. Journal of Ethnicity in Substance Abuse
7. Journal of Psychoactive Drugs
8. Psychology of Addictive Behaviors
9. Substance Use & Misuse (co-reviewer)

## INVITED TALKS AND WORKSHOPS

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1. Villarosa-Hurlocker, M.C., **Richards, D.K.**, Bravo, A.J., Hirchak, K., Schwebel, F.J., & Pearson, M.R. (2020, July). Genetics and environment in context: Examining etiological models of the comorbidity between depression and alcohol use. In N. R. Riggs (Chair) *Sloboda and Bukoski Cup*. Paper presented virtually at the Annual Meeting of the Society for Prevention Research.
2. **Richards, D.K.** (2019, April). *Propensity score matching using the 'MatchIt' package for R*. Workshop provided to the Research Evaluation and Assessment Services of the Office of Research and Sponsored Projects, University of Texas at El Paso, El Paso, TX.

## POSTER PRESENTATIONS

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†Denotes undergraduate student mentee

1. **Richards, D.K.**, Schwebel, F.J., Bravo, A.J., Pearson, M.R., & Cross-Cultural Addictions Study Team. (2020, July). *A comparison of engagement in cannabis-related protective behavioral strategies across sex and cultures*. Poster presented virtually at the annual scientific meeting of the Research Society on Marijuana.
2. Sotelo, M., **Richards, D.K.**, Schwebel, F.J., Pearson, M.R., & Protective Strategies Study Team. (2020, July). *Self-Reported Symptoms of Cannabis Use Disorder (SRSCUD): Psychometric testing and validation*. Poster presented virtually at the annual scientific meeting of the Research Society on Marijuana.
3. Win, A.J., **Richards, D.K.**, Pearson, M.R., & Protective Strategies Study Team. (2020, July). *Cannabis protective behavioral strategies: Moderating the effects of antecedents on consequences*. Poster presented virtually at the annual scientific meeting of the Research Society on Marijuana.
4. Field, C.A., **Richards, D.K.**, Castro, Y., Cabriales, J.A., Wagler, A., & von Sternberg, K. (2020, June). *Does alcohol use severity moderate the indirect effect of a brief motivational intervention on alcohol outcomes through stages of change?* Poster presented virtually at the annual scientific meeting of the Research Society on Alcoholism.
5. O'Sickey, A.J., Schwebel, F.J., **Richards, D.K.**, Weinstein, A.P., Bravo, A.J., & Pearson, M.R. (2020, June). *Examining sex and cross-cultural differences on a comprehensive assessment of protective*

*behavioral strategies for alcohol.* Poster presented virtually at the annual scientific meeting of the Research Society on Alcoholism.

6. Pearson, M.R., **Richards, D.K.**, Wilson, A.D., & Witkiewitz, K. (2020, June). *Maintaining success in failure: Psychosocial improvements among high-functioning heavy drinkers three years following treatment.* Poster presented virtually at the annual scientific meeting of the Research Society on Alcoholism.
7. †Pérez-Martinez, R.F., **Richards, D.K.**, & Field, C.A. (2020, June). *Self-determination theory correlates of alcohol-related outcomes among a random sample of college students.* Poster accepted to be presented at the annual scientific meeting of the Research Society on Alcoholism.
8. **Richards, D.K.**, Pearson, M.R., & Field, C.A. (2020, June). *Profiles of motivations for responsible drinking among college students: A self-determination theory perspective.* Poster presented virtually at the annual scientific meeting of the Research Society on Alcoholism.
9. Schwebel, F.J., Montes, K., O'Sickey, A.J., **Richards, D.K.**, Pearson, M.R., & Witkiewitz, K. (2020, June). *Broadening our conceptualization of recovery: Profiles of recovery from alcohol use disorder.* Poster presented virtually at the annual scientific meeting of the Research Society on Alcoholism.
10. Schwebel, F.J., O'Sickey, A.J., **Richards, D.K.**, Pearson, M.R., & Witkiewitz, K. (2020, June). *Do we have a replicability crisis in addictions research? Depends on how you quantify it.* Poster presented virtually at the annual scientific meeting of the Research Society on Alcoholism.
11. Oliva, R., **Richards, D.K.**, Shenberger-Trujillo, J.M., & Fietze, G.A., (2020, April). Novel tobacco and marijuana products (NTMPs): Perceptions of risk associated with combustibles, vapors, topicals, sublinguals and edibles. Poster presented at the biannual symposium of the Campus Office of Undergraduate Research Initiatives at the University of Texas at El Paso, El Paso, TX.
12. †Escobedo, J., †Pérez-Martinez, R.F., **Richards, D.K.**, & Field, C.A. (2019, October). *The associations between psychological needs and alcohol-related outcomes.* Poster presented at the annual symposium and consortium meeting of the BUILDing SCHOLARS Program, El Paso, TX.
13. †Escobedo, J., †Pérez-Martinez, R.F., **Richards, D.K.**, & Field, C.A. (2019, September). *The associations between psychological needs and alcohol-related outcomes.* Poster presented at the annual summer symposium of the Campus Office of Undergraduate Research Initiatives at the University of Texas at El Paso, El Paso, TX.
14. †Avila, J.E., **Richards, D.K.**, & Field, C.A. (2019, August). *Autonomous functioning as a protective factor against alcohol misuse.* Poster presented at the annual summer symposium of the Campus Office of Undergraduate Research Initiatives at the University of Texas at El Paso, El Paso, TX.
15. †Dellefield-Lopez, C., **Richards, D.K.**, Clark, K., Oviedo-Ramirez, S.L., Puentes, R.P., & Field, C.A. (2019, August). *Predicting the use of motivational interviewing following training: A Theory of Planned Behavior approach.* Poster presented at the annual summer symposium of the Campus Office of Undergraduate Research Initiatives at the University of Texas at El Paso, El Paso, TX.
16. †Diaz de Leon, A.R., **Richards, D.K.**, Lopez, C.I., & Field, C.A. (2019, August). *Perceived discrimination and alcohol-related problems among Hispanic college students: The protective role of serious harm reduction behaviors.* Poster presented at the annual summer symposium of the Campus Office of Undergraduate Research Initiatives at the University of Texas at El Paso, El Paso, TX.
17. **Richards, D.K.**, & Field, C.A. (2019, June). *Further psychometric evaluation of the Treatment Self-Regulation Questionnaire (TSRQ) for assessing motivations for responsible drinking.* Poster presented at the annual scientific meeting of the Research Society on Alcoholism, Minneapolis, MN.

18. †Pérez-Martínez, R.F., **Richards, D.K.**, & Field, C.A. (2019, April). *The interaction effect between self-regulation and protective behavioral strategies on alcohol-related problems*. Poster presented at the biannual symposium of the Campus Office of Undergraduate Research Initiatives at the University of Texas at El Paso, El Paso, TX.
19. **Richards, D.K.**, Fetterman, A.K., Krebs, M.C., Neugebauer, J., Ray, D.G., & Sassenberg, K. (2019, April). *The predictive utility of emotional valence on weight loss intentions and behaviors*. Poster presented at the annual HEAL U clinical and research symposium of the Paso del Norte Health Foundation, El Paso, TX.
20. Gorbett, D.M., Perez, G.M., Puentes, R.P., **Richards D.K.**, Nunez, S.P., Hernandez, N., Torres, A., & Rivera, J.O. (2018, September). *Market research for a smoking cessation campaign among priority populations*. Poster presented at the national conference on health communication, marketing, and media of the Centers for Disease Control and Prevention, Atlanta, GA.
21. Field, C.A., & **Richards, D.K.** (2018, June). *Intergenerational conflict among Hispanic college students highly acculturated to American norms may be protective*. Poster presented at the annual scientific meeting of the Research Society on Alcoholism, San Diego, CA.
22. Field, C.A., & **Richards, D.K.** (2018, June). *The role of collectivistic coping on alcohol consumption and alcohol problems among Hispanic college students*. Poster presented at the annual scientific meeting of the Research Society on Alcoholism, San Diego, CA.
23. **Richards, D.K.**, Puentes, R.P., Gorbett, D.M., Coffman, C.F., Morera, O.F., & Field, C.A. (2018, June). *Do protective behavioral strategies mediate the effects of a brief motivational intervention on alcohol-related problems among injured patients?* Poster presented at the annual scientific meeting of the Research Society on Alcoholism, San Diego, CA.
24. **Richards, D.K.**, †Najera, O., & Field, C.A. (2018, June). *The interaction effect between autonomous and controlled motivations for using alcohol responsibly on alcohol-related problems*. Poster presented at the annual scientific meeting of the Research Society on Alcoholism, San Diego, CA.
25. †Najera, O., **Richards, D.K.**, & Field, C.A. (2018, April). *A self-determination theory approach to understanding and promoting engagement in healthy behaviors*. Poster presented at the annual HEAL U clinical and research symposium of the Paso del Norte Health Foundation, El Paso, TX.
26. **Richards, D.K.**, Morera, O.F., & Field, C.A. (2017, June). *Quality over quantity: The relationship between self-determined motivation and alcohol use*. Poster presented at the annual scientific meeting of the Research Society on Alcoholism, Denver, CO.
27. **Richards, D.K.**, Sequeira, E.J., & Field, C.A. (2017, March). *A comparison of traumatized and non-traumatized injured patients who screened positive for heavy drinking*. Poster presented at the annual meeting and scientific sessions of the Society of Behavioral Medicine, San Diego, CA.
28. Puentes, R.P., **Richards, D.K.**, Alvarez, M.J., Oviedo Ramirez, S.L., Woolard, R., & Field, C.A. (2016, November). *Emergency department health care provider views toward patients with alcohol and substance use disorders*. Poster presented at the annual conference of the Association for Medical Education and Research in Substance Abuse, Washington, D.C.
29. Oviedo Ramirez, S.L., Alvarez, M.J., **Richards, D.K.**, Puentes, R.P., & Field, C.A. (2016, July). *Predictors of readiness to change alcohol use prior to intervention among at risk, non-treatment seeking drinkers*. Poster presented at the biennial conference of the Latina Researchers Network, San Antonio, TX.

30. **Richards, D.K.**, Cabriaes, J.A., & Field, C.A. (2016, June). *Autonomous motivation to control alcohol use mediates the relationship between dispositional autonomy and protective drinking behaviors*. Poster presented at the annual scientific meeting of the Research Society on Alcoholism, New Orleans, LA.
31. **Richards, D.K.**, Cabriaes, J.A., Hernandez, N., Torres, A., Hernandez, E., & Cooper, T.V. (2015, November). *Heterogeneity of intermittent smokers in a predominantly Hispanic college student sample*. Poster presented at the annual convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
32. **Richards, D.K.**, & Riskind, J.H. (2014, April). *The relationship between negative mind attribution and anxiety symptoms*. Poster presented at the annual undergraduate research symposium of George Mason University, Fairfax, VA.
33. **Richards, D.K.**, & Riskind, J.H. (2013, August). *The relationship between negative mind attribution and anxiety symptoms*. Poster presented at the annual undergraduate research scholars program symposium of George Mason University, Fairfax, VA.

## TEACHING

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Spring 2020	<p><b>Teaching Assistant</b>            Psychometrics (PSYC 6323)            Health Psychology (PSYC 3350)            Cross-Cultural Psychology (PSYC 3331)            Department of Psychology, University of Texas at El Paso</p>
Fall 2019	<p><b>Teaching Assistant</b>            Applied Correlation and Regression Analysis (PSYC 6307)            Structural Equation Modeling (PSYC 6302)            Department of Psychology, University of Texas at El Paso</p>
Spring 2019	<p><b>Co-Instructor</b>            Research-Driven Health Psychology Course (PSYC 3350)            Department of Psychology, University of Texas at El Paso</p>
Summer 2019, Spring 2018	<p><b>Instructor</b>            Statistical Methods (PSYC 1303)            Department of Psychology, University of Texas at El Paso</p>
Fall 2018	<p><b>Co-Instructor</b>            Research-Driven Introduction to Psychology Course (PSYC 1301)            Department of Psychology, University of Texas at El Paso</p>
Fall 2017, Spring 2017	<p><b>Teaching Assistant (Laboratory Instructor)</b>            General Experimental Psychology (PSYC 3101)            Department of Psychology, University of Texas at El Paso</p>
Fall 2014	<p><b>Teaching Assistant</b>            Health Psychology (PSYC 3350)            Seminar in Prevention Science (PSYC 4345/6355)            Department of Psychology, University of Texas at El Paso</p>

## SERVICE

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2020 - Scientific Advisory Board Member, UTEP Latino Alcohol and Health Disparities Research and Training Center

## **PROFESSIONAL AFFILIATIONS**

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American Psychological Association

American Psychological Association, Division 50 (Society of Addiction Psychology)

Research Society on Alcoholism

Research Society on Marijuana