

J Richard Tyrus Korecki, B.S.

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EDUCATION

Squadron Officer School United States Air Force, Maxwell Air Force Base, AL	2018
MC-130J Mission Pilot Qualification Training United States Air Force, Columbus Air Force Base, MS	2015
C-130J Initial Pilot Qualification Training United States Air Force, Little Rock Air Force Base, AR	2015
Specialized Undergraduate Pilot Training United States Air Force, Columbus Air Force Base, MS	2014
B.S., Economics The United States Air Force Academy, Air Force Academy, CO	2012

Academic Advisor: David Ratliff, Ph.D.

HONORS AND AWARDS

- *National Collegiate Boxing Association National Champion, USAFA* 2012
- *National Collegiate Boxing Association All American, USAFA* 2012
- *National Strength and Conditioning All American, USAFA* 2012
- *Athletic Director's List, USAFA* 2008 – 2012
- *Dean's List, USAFA* 2009 – 2012

CLINICAL & RESEARCH INTERESTS

- Health and resilience among high-stress occupations (i.e. military, law enforcement, and first responders)
- Mindfulness based interventions for stress and performance
- Mindfulness-Based Relapse Prevention (MBRP) for substance use
- Psychosocial factors that impact resilience and thriving in the face of difficulty

EMPIRICALLY SUPPORTED TREATMENT EXPERIENCE

- MBRP for substance use disorders
- Motivational Interviewing for substance use disorders

RESEARCH EXPERIENCE

Site Coordinator, University of New Mexico 2019 - Present

Active Research Grant:

National Center for Complementary and Integrative Health, 5U01AT009841-02, Mindfulness-Based Resilience Training for Aggression, Health, and Stress Among Law Enforcement Officers, \$697,796, S. Bowen and M. Christopher (PI), and K. Witkiewitz (Co-PI).

Supervisor: Katie Witkiewitz, Ph.D.

- Lead recruitment efforts for multiple law enforcement agencies across the state of New Mexico
- Supervised graduate, undergraduate, and hired staff during the completion of study assessments
- Conducted in-person participant assessment protocol
- Conducted in-person participant consent sessions
- Assisted with randomizing participants to each treatment condition
- Assisted in administrative support, data entry, and database management
- Prepared and managed study documents (e.g., IRB, NIH)

Research Assistant, University of New Mexico 2019 - Present

Active Research Grant:

National Institute on Drug Abuse and National Institute of Neurological Disorders and Stroke, 1UG3DA051241-01, Integrated Treatment for Veterans with Co-occurring Chronic Pain and Opioid Use Disorder, \$555,792, K. Witkiewitz and K. Vowles (PI).

Supervisor: Katie Witkiewitz, Ph.D.

- Aided in the development of education control manuals
- Prepared and managed study documents (e.g., IRB, NIH)

Research Assistant, University of New Mexico 2019 - Present

Active Research Grant:

National Institute of Mental Health, 1R21MH118765-01A1, Examining the Interplay Between Resting Oscillations, Novelty Processing, and Attention in PTSD, \$265,449, P. Sanjuan and J. Stephen (PI).

Supervisors: Pilar M. Sanjuan, Ph.D.

- Member of the Community Advisory Panel to provide expertise on active duty and veteran military culture
- Assisted with recruitment efforts throughout the state of New Mexico
- Provided community outreach to the local military installation (Kirtland Air Force Base) and veteran outreach centers

CLINICAL EXPERIENCE

Independent Evaluator, NCCIH Funded Research Project 2020 – Present

Albuquerque, NM; Supervisor: Katie Witkiewitz, Ph.D.

- Administered the Patient-Reported Outcomes Measurement Information System (PROMIS) Depression, the PROMIS Alcohol Use, the PROMIS Alcohol Use Negative Consequences, the Concise Health Risk Tracking Self-Report (CHRT-SR), and the PTSD Checklist for DSM-5 (PCL-5) to research participants.

PUBLICATIONS

Korecki, J. R., Schwebel, F. J., Votaw, V. R., & Witkiewitz, K. (in press). Mindfulness-based programs for substance use disorders: A systematic review of manualized treatments. *Substance Abuse Treatment, Prevention, and Policy*.

Schwebel, F. J., **Korecki, J. R.**, & Witkiewitz, K. (In Press). Addictive Behavior Change and Mindfulness-Based Interventions: Current Research and Future Directions. *Current Addiction Reports*. doi: 10.1007/s40429-020-0030-2

ADDITIONAL TRAINING

Cultural Competence Training for Police Officers (2019). Presented by Richard Goerling of the Portland Police Department as a part of the ‘Mindfulness-Based Resilience Training for Aggression, Health, and Stress Among Law Enforcement Officers’ grant.

Mindfulness-Based Relapse Prevention Therapist Training (2019). Presented by Sarah Bowen, Ph.D. of Pacific University and Katie Witkiewitz, Ph.D. of the University of New Mexico at the University of New Mexico.

Motivational Interview Training (2019). Presented by Alicia Shiver, LADAC, LMHC and Lindsay Worth, LMHC, MPA, MA at the New Mexico Motivational Interview Training Center.

OTHER PROFESSIONAL EXPERIENCE

<i>Section Chief</i> , United States Air Force <i>Supervisor</i> : Robert Johnston (Lt. Col)	2017-2019
<i>Special Operations Pilot</i> , United States Air Force	2015-2019
<i>Assistant Boxing Coach</i> , USAFA <i>Supervisor</i> : Edward Weichers	2012-2013
<i>Physical Education Instructor</i> , USAFA <i>Supervisor</i> : Matthew Horner (Lt. Col)	2012-2013

TEACHING AND MENTORING EXPERIENCE

Registered Yoga Instructor, Hot Yoga Downtown, 575 Yoga, and Cannon AFB 2017 - Present

Physical Education Instructor, USAFA

2012- 2013

PROFESSIONAL REFERENCES

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