

## Victoria R. Votaw

### Curriculum Vitae

#### CONTACT INFORMATION

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Department of Psychology  
University of New Mexico  
MSC03 2220 | Logan Hall  
1 University of New Mexico  
Albuquerque, NM 87131

114 Stanford Dr. SE  
Albuquerque, NM 87106

(502) 542-8218  
vvotaw@unm.edu

#### EDUCATION

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- Ongoing                    **University of New Mexico**, Albuquerque, NM  
Doctor of Philosophy in Clinical Psychology  
Advisor: Katie Witkiewitz, Ph.D.
- 2019                        **University of New Mexico**, Albuquerque, NM  
Master of Science in Psychology, *with distinction*  
Master's Thesis: *Patterns of polysubstance use among those with tranquilizer or sedative misuse: Predictors and functional consequences*  
Advisor: Katie Witkiewitz, Ph.D.
- 2015                        **University of Kentucky**, Lexington, KY  
Bachelor of Arts in Psychology, *summa cum laude*  
Minor in Sociology  
Senior Honors Thesis: *Oral cannabidiol: Examining its effects alone and in combination with smoked marijuana in humans*  
Advisors: Shanna Babalonis, Ph.D. & Sharon Walsh, Ph.D.
- 2014                        **Danish Institute for Study Abroad**, Copenhagen, Denmark  
Course: European Clinical Psychology

#### HONORS, AWARDS, AND FUNDING

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- 2020                        Best Written Paper by a Clinical Graduate Student, Department of Psychology, University of New Mexico
- 2019                        Most 1<sup>st</sup> Author Publications for 2019, Department of Psychology, University of New Mexico
- 2019                        Most Publications for 2019 (any author), Department of Psychology, University of New Mexico
- 2019, 2020                Sandia Casino Responsible Gaming Scholarship, Sandia Casino
- 2019-present            T32 Predoctoral Fellow, National Institute on Alcohol Abuse and Alcoholism, Center on Alcoholism, Substance Abuse, and Addictions, University of New Mexico (Grant # T32 AA018108)
- 2018                        Publication in the Highest Impact Journal for 2018 (any author), Department of Psychology, University of New Mexico
- 2018, 2019                Student Merit Travel Award, Research Society on Alcoholism
- 2018                        Early Career Investigator Travel Award, College on Problems of Drug Dependence
- 2017, 2019                Department of Psychology Travel Award, University of New Mexico
- 2017-present            Graduate Studies Supplement, University of New Mexico
- 2015                        Psychology Departmental Honors, University of Kentucky
- 2015                        Outstanding Psychology Major Award, University of Kentucky
- 2015                        Psychology Department Research Travel Award, University of Kentucky
- 2014                        Rotary Club of Lexington Academic Scholarship

2012-2013	Toyota Motor Engineering & Manufacturing Scholarship, School and Community Award
2012, 2014	Undergraduate Summer Research Grant, University of Kentucky
2011, 2012, 2014	College of Arts & Sciences Dean's List, University of Kentucky
2011-2015	Psychology Scholars, University of Kentucky
2011-2015	Commonwealth Academic Scholarship, University of Kentucky

## **PUBLICATIONS**

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### Peer-reviewed publications:

1. **Votaw, V.R.**, Witkiewitz, K., Vowles, K.E., Weiss, R.D., Griffin, M.L., & McHugh, R.K. (in press). Pain interference and catastrophizing are not associated with polysubstance use among treatment-seeking patients with substance use disorders and chronic pain. *The American Journal of Drug and Alcohol Abuse*.
2. Witkiewitz, K., Pearson, M.R., Wilson, A.D., Stein, E.R., **Votaw, V.R.**, Hallgren, K.A., Maisto, S.A., Swan, J.E., Schwebel, F.J., Aldridge, A., Zarkin, G.A., & Tucker, J.A. (in press). Can alcohol use disorder recovery include some heavy drinking? A replication and extension up to nine years following treatment. *Alcoholism: Clinical and Experimental Research*.
3. Witkiewitz, K., Wilson, A.D., Roos, C.R., Swan, J.E., **Votaw, V.R.**, Stein, E.R., Pearson, M.R., Edwards, K.A., Tonigan, J.S., Hallgren, K.A., Montes, K.S., Maisto, S.A., & Tucker, J.A. (in press). Can Individuals with Alcohol Use Disorder Achieve and Sustain Non-Abstinent Recovery? Non-Abstinent Outcomes 10 Years After Alcohol Use Disorder Treatment. *Journal of Addiction Medicine*.
4. Brown, D.R., Jackson, T.C.J., Claus, E.D., **Votaw, V.R.**, Stein, E.R., Robinson, C.S.H., Wilson, A.D., Brandt E., Fratzke, V., Clark, V.P., & Witkiewitz, K. (2020). Decreases in the late positive potential to alcohol images among alcohol treatment seekers following mindfulness-based relapse prevention. *Alcohol and Alcoholism*, 55, 78-85.
5. Korecki, J.R., Schwebel, F., **Votaw, V.R.**, & Witkiewitz, K. (2020). Mindfulness-based programs for substance use disorders: A systematic review of manualized treatments. *Substance Abuse Treatment, Prevention, and Policy*, 15(1), 51.
6. McHugh, R.K., **Votaw, V.R.**, Taghian, N., Griffin, M.L., & Weiss, R.D. (2020). Benzodiazepine misuse in adults with alcohol use disorder: Prevalence, motives and patterns of use. *Journal of Substance Abuse Treatment*, 117, 108061.
7. Swan, J.E., **Votaw, V.R.**, Stein, E.R., & Witkiewitz, K. (2020). The role of affect in psychosocial treatments for substance use disorders. *Current Addiction Reports*, 7, 108-116.
8. **Votaw, V.R.**, McHugh, R.K., Vowles, K.E., & Witkiewitz, K. (2020). Patterns of polysubstance use among adults with tranquilizer misuse. *Substance Use & Misuse*, 55(6), 861-870.
9. **Votaw, V.R.**, Pearson, M.R., Stein, E.R., & Witkiewitz, K. (2020). The Addictions Neuroclinical Assessment negative emotionality domain among treatment-seekers with alcohol use disorder: Construct validity and measurement invariance. *Alcoholism: Clinical and Experimental Research*, 44(3), 679-688.
10. Kelley, M.L., Bravo, A.J., **Votaw, V.R.**, Stein, E., Redman, J.C., & Witkiewitz, K. (2019). Opioid and sedative misuse among military veterans wounded in combat. *Addictive Behaviors*, 92, 168-172.
11. Stein, E.R., Gibson, B.C., **Votaw, V.R.**, Wilson, A.D., Clark, V.P., Witkiewitz, K. (2019). Non-invasive brain stimulation in substance use disorders: Implications for dissemination to clinical settings. *Current Opinion in Psychology*, 30, 6-10.
12. **Votaw, V.R.**, Geyer, R., Rieselbach, M.M., & McHugh, R.K. (2019). The epidemiology of benzodiazepine misuse: A systematic review. *Drug and Alcohol Dependence*, 200, 95-114.
13. **Votaw, V.R.**, McHugh, R.K., & Witkiewitz, K. (2019). Alcohol use disorder and motives for prescription opioid misuse: A latent class analysis. *Substance Use & Misuse*, 54(9), 1558-1568.
14. **Votaw, V.R.**, Witkiewitz, K., Valeri, L., Bogunovic, O.J., & McHugh, R.K. (2019). Nonmedical prescription sedative/tranquilizer use in alcohol and opioid use disorders. *Addictive Behaviors*, 88, 48-55.

15. Witkiewitz, K., Stein, E.R., **Votaw, V.R.**, Wilson, A.D., Roos, C.R., Kirouac, M., Gallegos, S.J., Fratzke, V., Robinson, C.S.H., Clark, V.P., & Claus, E.D. (2019). Mindfulness-based relapse prevention and transcranial direct current stimulation to reduce heavy drinking: A double-blind sham-controlled randomized trial. *Alcoholism: Clinical and Experimental Research*, *43*(6), 1296-1307.
16. McHugh, R.K., **Votaw, V.R.**, Sugarman, D.E., & Greenfield, S.F. (2018). Sex and gender differences in substance use disorders. *Clinical Psychology Review*, *66*, 12-23.
17. Witkiewitz, K., **Votaw, V.R.**, Vowles, K.E., & Kranzler, H.R. (2018). Opioid misuse as a predictor of alcohol treatment outcomes in the COMBINE Study: Mediation by medication adherence. *Alcoholism: Clinical and Experimental Research*, *42*(7), 1249-1259.
18. Babalonis, S., Haney, M., Malcom, R.J., Lofwall, M.R., **Votaw, V.R.**, Sparenborg, S., & Walsh, S.L. (2017). Oral cannabidiol does not produce a signal for abuse liability in frequent marijuana smokers. *Drug and Alcohol Dependence*, *172*, 9-13.
19. McHugh, R.K., **Votaw, V.R.**, Barlow, D.H., Fitzmaurice, G.M., Greenfield, S.F., & Weiss, R.D. (2017). Development of an integrated cognitive behavioral therapy for anxiety and opioid use disorder: study protocol and methods. *Contemporary Clinical Trials*, *60*, 105-112.
20. McHugh, R.K., **Votaw, V.R.**, Fulciniti, F., Connery, H.S., Griffin, M.L., Monti, P.M., & Weiss, R.D. (2017). Perceived barriers to smoking cessation among adults with substance use disorders. *Journal of Substance Abuse Treatment*, *74*, 48-53.
21. McHugh, R.K., **Votaw, V.R.**, Karakula, S., Bogunovic, O.J., Griffin, M.L., & Weiss, R.D. (2017). Anxiety sensitivity and nonmedical benzodiazepine use among adults with opioid use disorder. *Addictive Behaviors*, *65*, 283-288.
22. **Votaw, V.R.**, Wittenauer, J., Connery, H.S., Weiss, R.D., & McHugh, R.K. (2017). Perceived risk of heroin use among nonmedical prescription opioid users. *Addictive Behaviors*, *65*, 218-223.
23. Marcovitz, D., McHugh, R.K., Volpe, J., **Votaw, V.**, & Connery, H.S. (2016). Predictors of early dropout in outpatient buprenorphine/naloxone treatment. *The American Journal on Addictions*, *25*(6), 472-477.

#### Manuscripts under review:

1. Stein, E.R., **Votaw, V.R.**, Swan, J.E., & Witkiewitz, K. (under review). Validity and measurement invariance of the Addictions Neuroclinical Assessment incentive salience domain among treatment-seekers with alcohol use disorder.
2. **Votaw, V.R.**, Stein, E.R., & Witkiewitz, K. (under review). Negative emotionality and alcohol treatment outcomes: The mediating role of coping motives.
3. **Votaw, V.R.** & Witkiewitz, K. (under review). Motives for substance use in daily life: A systematic review of ecological momentary assessment studies.

#### Published abstracts:

1. Gibson, B., **Votaw, V.R.**, Stein, E.R., Clark, V.P., & Witkiewitz, K. (2019). Increases in mindfulness following mindfulness-based relapse prevention and transcranial direct current stimulation to reduce heavy drinking. *Alcoholism: Clinical and Experimental Research*, *43*(S1), 56A.
2. Stein, E.R., **Votaw, V.R.**, & Witkiewitz, K. (2019). Reductions in delay discounting with mindfulness-based relapse prevention for alcohol use disorder. *Alcoholism: Clinical and Experimental Research*, *43*(S1), 130A.
3. **Votaw, V.R.**, Hanes, J., Stein, E.R., & Witkiewitz, K. (2019). Cannabis use among adults seeking treatment for drinking reduction. *Alcoholism: Clinical and Experimental Research*, *43*(S1), 130A.
4. Witkiewitz, K., Brown, D. R., Claus, E., Jackson, T., Stein, E. R., **Votaw, V.**, Wilson, A., Brandt, E., Robinson, C. S. H., & Clark, V. P. (2019). Drinking reductions following mindfulness-based relapse prevention: Associations with modulation of the late positive potential response to alcohol cues. *Alcoholism: Clinical and Experimental Research*, *43*(S1), 326A.

5. Stein, E., **Votaw, V.**, Fratzke, V., Gallegos, S., Robinson, C.S.H., Brandt, E., Rose, R., Claus, E.D., Clark, V.P., & Witkiewitz, K. (2018). Mindfulness and transcranial direct current stimulation for alcohol use disorder: Feasibility and outcomes. *Alcoholism: Clinical and Experimental Research*, *42*, 138A.
6. **Votaw, V.R.**, Witkiewitz, K., & McHugh, R.K. (2018). Nonmedical sedative use among adults with alcohol use disorder. *Alcoholism: Clinical and Experimental Research*, *42*, 72A.
7. Witkiewitz, K., Roos, C.R., Stein, E., Wilson, A.D., **Votaw, V.R.**, & Kirouac, M. (2018). Mindfulness-based relapse prevention for alcohol use disorder: A novel approach for treatment in diverse health care settings. *Alcoholism: Clinical and Experimental Research*, *42*(S2), 133A.
8. Witkiewitz, K., **Votaw, V.**, & Vowles, K. (2018). Alcohol, marijuana, and opioid co-use in the 2015 National Survey on Drug Use and Health: Implications for the opioid epidemic. *Annals of Behavioral Medicine*, *52*, S444.
9. Witkiewitz, K., **Votaw, V.R.**, Vowles, K. E. (2018). Opioid use and pain: Mechanisms of heavy drinking relapse among patients with alcohol dependence. *Alcoholism: Clinical and Experimental Research*, *42*(S2), 127A.
10. Lin, A., McHugh, R. K., McCue, B., **Votaw, V.**, Tester, R., Rodolico, J., & Connery, H. (2017). Acceptance of medication assisted treatment among uniformed service personnel receiving residential treatment for mental health and substance use disorders. *The American Journal on Addictions*, *26*(3), 285.
11. **Votaw, V.R.** & McHugh, R.K. (2017). Association between lifetime heroin use and perceived risk of heroin among nonmedical prescription opioid users. *Drug and Alcohol Dependence*, *171*, e209.
12. Marcovitz, D., Connery, H.S., Volpe, J., McHugh, R.K., & **Votaw, V.** (2016). 2016 ASAM Annual Poster Presenter Abstracts (Predictors of early dropout in outpatient buprenorphine/ naloxone treatment). *Journal of Addiction Medicine*, *10*(3), e1-e20.
13. **Votaw, V.R.**, Babalonis, S., Lofwall, M.R., Nuzzo, P.A., & Walsh, S.L. (2015). Challenges encountered while recruiting frequent marijuana smokers for an outpatient laboratory study. *Drug and Alcohol Dependence*, *156*, e232.

## PRESENTATIONS

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### Oral presentations:

1. **Votaw, V.R.**, McHugh, R.K., Vowles, K.E., Weiss, R.D., Griffin, M.L. & Witkiewitz, K. (2019, June). *Patterns of polysubstance use and anxiety sensitivity among adults with sedative misuse*. In V. Martinez-Loredo and E. McClure (Chairs), *The good, the bad and the ugly: Polydrug abuse*. Oral communication presented at the College on Problems of Drug Dependence (CPDD) 81<sup>st</sup> Annual Meeting, San Antonio, TX.
2. Witkiewitz, K., Brown, D. R., Claus, E., Jackson, T., Stein, E. R., **Votaw, V.**, Wilson, A., Brandt, E., Robinson, C. S. H., & Clark, V. P. (June, 2019). *Drinking reductions following mindfulness-based relapse prevention: Associations with modulation of the late positive potential response to alcohol cues*. In D. Meyerhoff and K. Witkiewitz (chairs), *Non-abstinent recovery as treatment success: evidence from recent neurophysiological and neuroimaging studies*. Symposium presented at the Research Society on Alcoholism (RSA) 42<sup>nd</sup> Annual Meeting, Minneapolis, MN.
3. Witkiewitz, K., & **Votaw, V.R.** (2019, March). *Alcohol, opioid, and other drug use: Implications for the opioid epidemic*. In K. Witkiewitz (Chair), *Opioid Use and Opioid Use Disorder in the Context of the Opioid Epidemic*. Symposia presented at the Collaborative Perspectives on Addiction (CPA) Annual Meeting, Providence, RI.
4. Witkiewitz, K. Roos, C.R., Stein, E., Wilson, A.D., **Votaw, V.R.**, & Kirouac, M. (2018, September). *Mindfulness-based relapse prevention for alcohol use disorder: A novel approach for treatment in diverse health care settings*. In M. Hesselbrock and V. Hesselbrock (Chairs), *Translating Evidence into Practice in Different Health Care Systems: Focus on Brief Interventions and Cognitive Behavioural Therapies in the Management of Alcohol Use and Alcohol Use Disorders*. Workshop presented at the 2018 Annual Meeting of the International Society for Biomedical Research on Alcoholism, Kyoto, Japan.
5. Witkiewitz, K., **Votaw, V.**, Vowles, K.E. (2018, September). *Opioid use and pain: Mechanisms of heavy drinking relapse among patients with alcohol dependence*. In S. Edwards and M. Wojnar (Chairs), *Alcohol and Opioids*:

*Intersecting Mechanisms and Treatment Opportunities for Pain Management and Addiction*. Symposium presented at the 2018 Annual Meeting of the International Society for Biomedical Research on Alcoholism (ISBRA), Kyoto, Japan.

6. Witkiewitz, K., **Votaw, V.**, & Vowles, K. (2018, April). *Alcohol, marijuana, and opioid co-use in the 2015 National Survey on Drug Use and Health: Implications for the opioid epidemic*. In K. Vowles (Chair), *Frequency and impact of alcohol, opioid, and marijuana co-use in opioid-prescribed individuals*. Symposia presented at the Society of Behavioral Medicine (SBM) 39<sup>th</sup> Annual Meeting, New Orleans, Louisiana.
7. **Votaw, V.R.**, Bogunovic, O.J., & McHugh, R.K. (2017, June). *Nonmedical prescription tranquilizer use among individuals with opioid use disorder in a nationally-representative sample*. In J. Thrul and L. Cottler (Chairs), *When one isn't enough: Polydrug use*. Oral communication presented at the College on Problems of Drug Dependence (CPDD) 79<sup>th</sup> Annual Meeting, Montréal, Canada.
8. **Votaw, V.R.**, Wittenauer, J., Connery, H.S., Weiss, R.D., & McHugh, R.K. (2016, April). *Perceived risk of heroin use among nonmedical prescription opioid users*. Invited talk presented at the McLean Hospital Addiction Research Seminar monthly meeting, Belmont, MA.

Poster presentations:

1. **Votaw, V.R.** & Witkiewitz, K. (2020, June). *Motives for substance use in everyday life: A systematic review of ecological momentary assessment and daily diary studies*. Poster presented at the College on Problems of Drug Dependence (CPDD) 82<sup>nd</sup> Annual Meeting, virtual meeting due to COVID-19.
2. Stein, E.R., **Votaw, V.R.**, & Witkiewitz, K. (2020, April). *Incentive salience among alcohol treatment-seekers: confirmatory factor analysis and association with drinking*. Poster accepted for presentation at the Collaborative Perspectives on Addiction (CPA) Annual Meeting, conference cancelled due to COVID-19.
3. Swan, J.E., **Votaw, V.R.**, Stein, E.R., & Witkiewitz, K. (2020, April). *Severity of alcohol use disorder and negative emotionality among individual with alcohol use disorder in a community sample*. Poster accepted for presentation at the Collaborative Perspectives on Addiction (CPA) Annual Meeting, conference cancelled due to COVID-19.
4. **Votaw, V.R.**, Witkiewitz, K., Vowles, K.E., Weiss, R.D., Griffin, M.L., & McHugh, R.K. (2020, April). *Pain interference and polysubstance use among adults with substance use disorders and chronic pain*. Poster presented at the Collaborative Perspectives on Addiction (CPA) Annual Meeting, virtual presentation due to COVID-19.
5. Gibson, B., **Votaw, V.R.**, Stein, E.R., Clark, V.P., & Witkiewitz, K. (2019, June). *Increases in mindfulness following mindfulness-based relapse prevention and transcranial direct current stimulation to reduce heavy drinking*. Poster presented at the Research Society on Alcoholism (RSA) 42<sup>nd</sup> Annual Meeting, Minneapolis, MN.
6. Stein, E.R., **Votaw, V.R.**, Witkiewitz, K. (2019, June). *Reductions in delay discounting with mindfulness-based relapse prevention for alcohol use disorder*. Poster presented at the Research Society on Alcoholism (RSA) 42<sup>nd</sup> Annual Meeting, Minneapolis, MN.
7. **Votaw, V.R.**, Hanes, J., Stein, E.R., & Witkiewitz, K. (2019, June). *Cannabis use among adults seeking treatment for drinking reduction*. Poster presented at the Research Society on Alcoholism (RSA) 42<sup>nd</sup> Annual Meeting, Minneapolis, MN.
8. Brown, D.R., Jackson, T.C., Robinson, C.S., Stein, E., **Votaw, V.**, Wilson, A., Brandt, E., Fratzke, V., Claus, E., Clark, V.P. & Witkiewitz, K. *Mindfulness-based relapse prevention decreases neural response to alcohol cues*. Poster presented at the Collaborative Perspectives on Addiction (CPA) Annual Meeting, Providence, RI.
9. **Votaw, V.R.**, McHugh, R.K., Vowles, K.E., & Witkiewitz, K. (2019, April). *Patterns of polysubstance use among adults with tranquilizer/sedative misuse*. Poster presented at the Collaborative Perspectives on Addiction (CPA) Annual Meeting, Providence, RI.
10. Geyer, R., **Votaw, V.**, Rieselbach, M., & McHugh, R.K. (2019, April). *The misuse of benzodiazepines: Key findings from a comprehensive review*. Poster presented at the Harvard Medical School Psychiatry Research Day annual convention, Boston, MA.

11. Geyer, R., **Votaw, V.**, Rieselbach, M., & McHugh, R.K. (2019, January). *The misuse of benzodiazepines: Key findings from a comprehensive review*. Poster presented at the McLean Research Day annual convention, Belmont, MA.
12. Hanes, J., Lynch, J., **Votaw, V.**, Stein, E., O'Sickey, A.J., & Witkiewitz, K. (2018, July). *Cannabis use and participation in mindfulness-based relapse prevention among adults with alcohol use disorder*. Poster presented at the Research Society on Marijuana scientific meeting, Fort Collins, CO.
13. Stein, E., **Votaw, V.**, Fratzke, V., Gallegos, S., Robinson, C.S.H., Brandt, E., Rose, R., Claus, E.D., Clark, V.P., & Witkiewitz, K. (2018, June). *Mindfulness and transcranial direct current stimulation for alcohol use disorder: Feasibility and outcomes*. Poster presented at the Research Society on Alcoholism (RSA) 41<sup>ST</sup> Annual Meeting, San Diego, CA.
14. **Votaw, V.R.**, Witkiewitz, K., & McHugh, R.K. (2018, June). *Nonmedical sedative use among adults with alcohol use disorder*. Poster presented at the Research Society on Alcoholism (RSA) 41<sup>ST</sup> Annual Meeting, San Diego, CA.
15. **Votaw, V.R.**, McHugh, R.K., & Witkiewitz, K. (2018, June). *Alcohol use disorder and motives for prescription opioid misuse*. Poster presented at the College on Problems of Drug Dependence (CPDD) 80<sup>th</sup> Annual Meeting, San Diego, CA.
16. Stein, E., **Votaw, V.**, Fratzke, V., Gallegos, S., Robinson, C.S.H., O'Sickey, A.J., Brandt, E., Vigil, J., Hanes, J., Claus, E.D., Clark, V.P., & Witkiewitz, K. (2018, March). *Mindfulness and transcranial direct current stimulation for alcohol use disorder: Feasibility and outcomes*. Poster presented at the Collaborative Perspectives on Addiction (CPA) Annual Meeting, Tampa, FL.
17. **Votaw, V.R.**, Vowles, K.E., & Witkiewitz, K. (2018, March). *Opioid misuse as a predictor of alcohol treatment outcomes in the COMBINE Study*. Poster presented at the Collaborative Perspectives on Addiction (CPA) Annual Meeting, Tampa, FL.
18. **Votaw, V.R.** & McHugh, R.K. (2017, November). *Opioid use trajectories in opioid use disorder: a multiple case series*. Poster presented at the Association for Behavioral and Cognitive Therapies (ABCT) 51<sup>st</sup> Annual Convention, San Diego, CA.
19. **Votaw, V.R.**, Weiss, R.D., Griffin, M.L., Bogunovic, O.J., Karakula, S., & McHugh, R.K. (2017, April). *Anxiety sensitivity and benzodiazepine misuse among adults with opioid use disorder*. Poster presented at the Harvard Medical School Psychiatry Research Day annual convention, Boston, MA.
20. McHugh, R.K., **Votaw, V.R.**, Connery, H.S., Fulciniti, F., Griffin, M.L., & Weiss, R.D. (2017, March). *Barriers to smoking cessation among adults with opioid use disorder*. Poster presented at the 2017 Society for Research on Nicotine & Tobacco (SRNT) Annual Meeting, Florence, Italy.
21. **Votaw, V.R.**, Weiss, R.D., Griffin, M.L., Bogunovic, O.J., Karakula, S., & McHugh, R.K. (2017, January). *Anxiety sensitivity and benzodiazepine misuse among adults with opioid use disorder*. Poster presented at the McLean Research Day annual convention, Belmont, MA.
22. Lin, A., McHugh, R.K., McCue, B., **Votaw, V.R.**, Tester, R., Rodolico, J., & Connery, H.S. (2016, December). *Acceptance of medication assisted treatment among uniformed service personnel receiving residential treatment for mental health and substance use disorders*. Poster presented at the American Academy of Addiction Psychiatry (AAAP) 27<sup>th</sup> Annual Meeting, Bonita Springs, FL.
23. **Votaw, V.R.**, Weiss, R.D., Griffin, M.L., Bogunovic, O.J., Karakula, S., & McHugh, R.K. (2016, October). *The association between anxiety sensitivity and benzodiazepine misuse among adults with opioid use disorder*. Poster presented at the Association for Behavioral and Cognitive Therapies (ABCT) 50<sup>th</sup> Annual Convention, New York City, NY.
24. McHugh, R.K., **Votaw, V.R.**, Greenfield, S.F., & Weiss, R.D. (2016, June). *Development and pilot test of integrated cognitive behavioral therapy for anxiety and opioid use disorder*. Poster presented at the College on Problems of Drug Dependence (CPDD) 78<sup>th</sup> Annual Meeting, Palm Springs, CA.

25. **Votaw, V.R.** & McHugh, R.K. (2016, June). *Association between lifetime heroin use and perceived risk of heroin among nonmedical prescription opioid users*. Poster presented at the College on Problems of Drug Dependence (CPDD) 78<sup>th</sup> Annual Meeting, Palm Springs, CA.
26. **Votaw, V.R.**, Connery, H.S., Fulciniti, F., Griffin, M.L., Weiss, R.D., & McHugh, R.K. (2016, March). *Perceived barriers to smoking cessation among adults with substance use disorders*. Poster presented at the Harvard Medical School Psychiatry Research Day annual convention, Boston, MA.
27. **Votaw, V.R.**, Connery, H.S., Fulciniti, F., Griffin, M.L., Weiss, R.D., & McHugh, R.K. (2016, January). *Perceived barriers to smoking cessation among adults with substance use disorders*. Poster presented at the McLean Research Day annual convention, Belmont, MA.
28. **Votaw, V.R.**, Babalonis, S., Lofwall, M.R., Nuzzo, P.A., & Walsh, S.L. (2015, June). *Challenges encountered while recruiting frequent marijuana smokers for an outpatient laboratory study*. Poster presented at the College on Problems of Drug Dependence (CPDD) 77<sup>th</sup> Annual Meeting, Phoenix, AZ.
29. **Votaw, V.R.**, Babalonis, S., & Walsh, S.L. (2015, April). *Dazed and confused: Describing the perplexing outcome of recruiting frequent marijuana smokers for an outpatient laboratory study*. Poster presented at the Midwest Psychological Association (MPA) 87<sup>th</sup> Annual Meeting, Chicago, IL.
30. **Votaw, V.R.**, Babalonis, S., & Walsh, S.L. (2014, April). *Oxymorphone: Examining the abuse liability and analgesic efficacy of an emerging drug of abuse*. Poster presented at the National Conference on Undergraduate Research (NCUR) annual convention, Lexington, KY.
31. **Votaw, V.R.**, Carter, M., & Barron, S. (2013, February). *The combination of neonatal alcohol and hypoxia produces hyperactivity in a rodent model*. Poster presented at the 12<sup>th</sup> Annual Posters-at-the-Capitol Convention, Frankfort, KY.

## RESEARCH EXPERIENCE

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- 2017-2018      **Research Coordinator**, *Department of Psychology*, University of New Mexico  
 Advisor: Katie Witkietiwz, Ph.D.  
 Duties: Served as the research coordinator for an NIH-funded clinical trial evaluating the combination of transcranial direct current stimulation (tDCS) and mindfulness-based relapse prevention (MBRP) to reduce heavy drinking (Grant # R21 AA024926).
- 2015-2017      **Senior Clinical Research Assistant**, *Division of Alcohol and Drug Abuse*, McLean Hospital  
 Advisor: R. Kathryn McHugh, Ph.D.  
 Duties: Served as the research coordinator for an NIH-funded clinical trial developing an integrated cognitive behavioral treatment for co-occurring anxiety and opioid use disorders (Grant # K23 DA035297). Provided support for: (1) a cross-sectional study examining characteristics of individuals in treatment for substance use disorders (PIs: R. Kathryn McHugh, Ph.D. & Roger D. Weiss, M.D.), and (2) a study evaluating the feasibility and acceptability of a brief, technology-based intervention for women with substance use disorders (PI: Dawn Sugarman, Ph.D.).
- 2013-2015      **Research Assistant**, *Center on Drug and Alcohol Research*, University of Kentucky  
 Advisors: Shanna Babalonis, Ph.D. & Sharon Walsh, Ph.D.  
 Duties: Served as the primary research assistant at the University Kentucky site of a multi-site human laboratory study examining the effects of oral cannabidiol alone and in combination with smoked marijuana in frequent marijuana smokers (Grant # P50 DA009236). Provided support for additional NIH-funded studies examining: (1) the pharmacodynamic effects, abuse liability, and analgesic efficacy of prescription opioids (Grant # R01 DA016718), and (2) the efficacy and safety of the cannabinoid dronabinol as a novel pharmaceutical treatment for opioid dependence (Grant # R01 DA033932).
- 2013-2014      **Undergraduate Research Assistant**, *Department of Psychology*, University of Kentucky

Advisor: Gregory Smith, Ph.D.

Duties: Provided support for a longitudinal study examining predictors of risky behaviors (i.e., drinking, smoking, self-harm, disordered eating) in adolescents (Grant # R01 AA016166).

2012-2013

**Undergraduate Research Assistant**, *Department of Psychology*, University of Kentucky

Advisor: Susan Barron, Ph.D.

Duties: Provided support for a project examining the interaction between prenatal ethanol exposure and hypoxia in a rodent model (Grant # R21 AA017956).

## CLINICAL EXPERIENCE

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2020

**Practicum Student**, *Primary Care – Mental Health Integration*, Raymond G. Murphy VA Medical Center

Supervisor: Eric Levensky, Ph.D.

Duties: Co-facilitate 90-minute cognitive-behavioral therapy (CBT) anger management groups with individuals who are interested in understanding anger and aggression and learning more effective strategies for managing anger and resolving conflict (led only three groups, as opposed to eight scheduled, given that the practicum position ended early due to COVID-19).

2019

**Practicum Student**, *Interdisciplinary Pain Rehabilitation Program*, Raymond G. Murphy VA Medical Center

Supervisor: Paulette Christopher, Ph.D.

Duties: Completed chart reviews and conducted clinical interviews with patients seeking treatment for chronic pain management. Attended interdisciplinary staff meetings to discuss patient eligibility. Facilitated therapy groups (e.g., cognitive-behavioral therapy, mindfulness) as part of an interdisciplinary chronic pain program.

2019-present

**Clinical Assessor, Therapist, and Peer Supervisor**, *Psychology Clinic*, University of New Mexico

Supervisor: Lynette Abrams-Silva, Ph.D., Jane Ellen Smith, Ph.D., & Elizabeth Yeater, Ph.D

Duties: Conduct clinical assessments and provide evidenced-based interventions to a diverse patient population expressing a range of psychological concerns, including panic disorder, agoraphobia, generalized anxiety disorder, social anxiety disorder, binge eating disorder, major depressive disorder, persistent depressive disorder, and posttraumatic stress disorder. With direction from faculty supervisors, supervisor junior graduate students in evidence-based treatments, including providing feedback following observed assessment and treatment sessions. Treatment modalities include cognitive-behavioral therapy (CBT), behavioral activation (BA), and Dialectical Behavior Therapy (DBT) skills training.

2019-present

**Study Therapist**, *The Center on Alcoholism, Substance Abuse, and Addictions*, University of New Mexico

Supervisors: Barbara McCrady, Ph.D. & Katie Witkiewitz, Ph.D.

Duties: Deliver up to twelve, 60-minute sessions of cognitive-behavioral therapy (CBT) or mindfulness-based treatment in combination with motivational interviewing (MI) to individuals with alcohol use disorder.

2018-present

**Practicum Student Therapist**, *Mindfulness Based Relapse Prevention Practicum*, University of New Mexico

Supervisor: Katie Witkiewitz, Ph.D.

Duties: Co-facilitate 60-minute Mindfulness-Based Relapse Prevention (MBRP) groups with individuals who are in residential treatment for substance use disorders at Turquoise Lodge Hospital.



- 2018 **Study Therapist**, *The Center on Alcoholism, Substance Abuse, and Addictions*, University of New Mexico  
Supervisors: Margo Hurlocker, Ph.D. & Theresa Moyers, Ph.D.  
Duties: Delivered two, 60-minute motivational interviewing (MI) sessions to college students with risky social drinking and moderate levels of social anxiety.
- 2017-present **Clinical Assessor and Therapist**, *Alcohol Specialty Clinic*, University of New Mexico  
Supervisor: Barbara McCrady, Ph.D., Jane Ellen Smith, Ph.D., & Katie Witkiewitz, Ph.D.  
Duties: Conduct telephone screens and clinical assessments with court-mandated clients and individuals seeking treatment for alcohol use disorder. Provide evidenced-based interventions to individuals with alcohol use disorder, college students mandated to treatment following an alcohol violation, and concerned significant others. Treatment modalities include the Community Reinforcement Approach (CRA), Community Reinforcement Approach and Family Training (CRAFT), and Brief Alcohol Screening and Intervention of College Students (BASICS).
- 2017-2018 **Clinical Assessor**, *Department of Psychology*, University of New Mexico  
Supervisor: Katie Witkiewitz, Ph.D.  
Duties: Administered the Timeline Followback (TLFB) and the Structured Clinical Interview for DSM-5 (SCID-5) for Alcohol Use Disorder to research participants with heavy alcohol use.
- 2017 **Study Therapist**, *The Center on Alcoholism, Substance Abuse, and Addictions*, University of New Mexico  
Supervisors: Katie Witkiewitz, Ph.D.  
Duties: Delivered four, 30-minute health education intervention sessions to non-treatment seeking heavy drinkers.
- 2015-2017 **Clinical Assessor**, *Division of Alcohol and Drug Abuse*, McLean Hospital  
Supervisor: R. Kathryn McHugh, Ph.D.  
Duties: Administered the Timeline Followback (TLFB), Addiction Severity Index (ASI), and the Hamilton Anxiety Rating Scale (SIGH-A) to research participants with anxiety and substance use disorders.
- 2014 **Clinic Assistant**, *Jesse G. Harris, Jr. Psychological Services Center*, University of Kentucky  
Supervisor: David Susman, Ph.D.  
Duties: Assisted with clinic operation, including conducting phone screens with potential clients, scheduling clients, filing paperwork, taking payment for services, and scoring psychological assessments. Attended weekly clinic meetings to discuss potential clients, psychiatric disorders, manualized treatments, and clinical orientations.

## **TEACHING AND MENTORING EXPERIENCE**

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### Teaching Activities

- Fall 2020 **Instructor**, *Clinical Psychology*, University of New Mexico
- Fall 2019 **Guest Lecture**, *Health Psychology: Alcohol, Drugs, & Health Lecture*, University of New Mexico  
Professor: Karlyn Edwards, M.S.
- Spring 2015 **Undergraduate Teaching Assistant**, *Applications of Statistics in Psychology*, University of Kentucky  
Professor: Robert Lorch, Ph.D.
- 2013-2015 **Peer Tutor**, *Contemporary Mathematics*, University of Kentucky

### Mentoring Activities

- 2018-2019 Jessecca Dominguez, Honors Thesis Student, University of New Mexico

- Weekly, individual honors thesis supervision, 1 poster presentation, Rachel Dowler Outstanding Honors Student Award recipient
- 2018 Mallet Reid, Post-Baccalaureate Research Assistant, University of New Mexico
- Weekly research supervision and mentorship, 1 poster presentation
- 2017-2018 Jake Hanes, Undergraduate Research Assistant, University of New Mexico
- Weekly research supervision and mentorship, 2 poster presentations

## **PROFESSIONAL ACTIVITIES AND SERVICE**

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### Service to Regional, National, and International Organizations:

- 2020-present Student Editor, The Addictions Newsletter (TAN) Committee, American Psychological Association Division 50
- 2020-present Membership Committee, American Psychological Association Division 50
- 2020 Wellness Activity Coordinator, Collaborative Perspectives on Addiction Program Committee, American Psychological Association Division 50
- 2018-present Human Research Committee, College on Problems of Drug Dependence
- 2017-2019 Technology & Communications Committee, American Psychological Association Division 50

### Service to Institutional and Departmental Units and Committees:

- 2018-present Clinic Advisory Committee, University of New Mexico
- 2014-2015 Psi Chi, Secretary, University of Kentucky
- 2013-2014 College of Arts & Sciences Ambassador Program, Secretary, University of Kentucky

### Professional Affiliations and Memberships:

- 2020-present Association for Psychological Science, Graduate Student Affiliate
- 2017-present American Psychological Association, Division 28 (Psychopharmacology & Substance Abuse), Division 50 (Addictions), Student Affiliate
- 2017-present College on Problems of Drug Dependence, Member-In-Training
- 2017-present Research Society on Alcoholism, Student Member
- 2016-present Phi Beta Kappa, Member
- 2016-2018 Association for Behavioral and Cognitive Therapies, Student Member
- 2014-2015 Psi Chi, Member

### Conference-Related Activities:

**Votaw, V.R.** (chair and organizer) and Staton, M. (co-chair) (June 2020). *Engaging vulnerable populations in addiction research: Ethical dilemmas and recommendations*. Forum at the College on Problems of Drug Dependence (CPDD) 82<sup>nd</sup> Annual Meeting, virtual meeting due to COVID-19.

**Votaw, V.R.** (chair and organizer) and Striley, C.W. (co-chair) (June 2019). *Ethical challenges recruiting and retaining participants in addiction research*. Forum at the College on Problems of Drug Dependence (CPDD) 81<sup>st</sup> Annual Meeting, San Antonio, TX.

### Ad-Hoc Journal Review:

*Addiction, Addictive Behaviors, Alcohol and Alcoholism, Alcoholism: Clinical & Experimental Research, The American Journal of Drug and Alcohol Abuse, Behavior Therapy, The Clinical Journal of Pain, Drug and Alcohol Dependence, Journal of American College Health, Journal of Psychoactive Drugs, Psychology of Addictive Behaviors, Psychological Science, Substance Use & Misuse, Translational Issues in Psychological Science*

## **ADVANCED TRAINING**

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- 2019 *Community Reinforcement Approach*, presented by Jane Ellen Smith, Ph.D., University of New Mexico
- 2019 *Behavioral Activation for Depression*, presented by Jane Ellen Smith, Ph.D., University of New Mexico
- 2019 *Cognitive-Behavioral Therapy for Panic Disorder*, presented by Jane Ellen Smith, Ph.D., University of New Mexico

- 2019 *Cognitive Behavioral Therapy – Enhanced for Eating Disorders*, presented by Jane Ellen Smith, Ph.D., University of New Mexico
- 2018 *Cognitive-Behavioral Therapy for Alcohol Use Disorder*, presented by Barbara McCrady, Ph.D., University of New Mexico
- 2018 *Mindfulness-Based Relapse Prevention*, presented by Sarah Bowen, Ph.D., University of New Mexico
- 2018 *Advanced Motivational Interviewing Training*, presented by Theresa Moyers, Ph.D., University of New Mexico
- 2017 *Brief Alcohol Screening and Intervention for College Students (BASICS)*, presented by Katie Wikiewicz, Ph.D., University of New Mexico
- 2015 *Addiction Severity Index (ASI) Standardized Workshop*, presented by Scott Provost, M.S.W., McLean Hospital