

Curriculum Vitae

Adam Wilson

Personal Information

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 Center on Alcoholism, Substance Abuse, and Addictions (CASAA)
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Education

August 2014 – present University of New Mexico,
 Ph.D. - Clinical Psychology, emphasis in Quantitative Methodology (in
 progress)

June 2014 State University of New York at Oswego,
 M.S. - Counseling and Psychological Services

June 1998 Cornell University
 B.A. - Arts & Sciences

Honors, Awards, Memberships

September, 2018 NIH/NIAAA F31 Fellowship

June, 2018 Special Interest Group Trainee Spotlight, Summer 2018. Association for
 Behavioral and Cognitive Therapies – Addictive Behaviors

May, 2017 1st place, Departmental award for best clinical student
 publication

Dec, 2016 1st place, Departmental award for first-authored student
 publication in highest impact factor journal

August, 2016 NIAAA T-32 Pre-doctoral Fellowship

June, 2016 Research Society on Alcoholism Student Merit Award

June, 2016 NIAAA MOBC Satellite Meeting Student Travel Award

March, 2016 Psychology Departmental Award

June, 2015 Research Society on Alcoholism Student Merit Award

March, 2015 Psychology Departmental Award

2015 – present	Member, Association for Behavioral and Cognitive Therapies (ABCT)
2015 – present	Member, Addictive Behaviors Special Interest Group, ABCT
August, 2014	Grice Fellowship
2014 – present	Student Affiliate Member, American Psychological Association (APA)

Professional Service

Student Representative	APA Division 50 Collaborative Perspectives on Addiction Conference student events sub-committee
Student Representative	Psychology Department general faculty meeting student representative
Assistant Editor	The Addictions Newsletter, APA Division 50

Peer-reviewed Publications

1. Witkiewitz, K., Stein, E. R., Votaw, V. R., **Wilson, A. D.**, Roos, C. R., Gallegos, S. J., ... & Claus, E. D. (2019). Mindfulness-Based Relapse Prevention and Transcranial Direct Current Stimulation to Reduce Heavy Drinking: A Double-Blind Sham-Controlled Randomized Trial. *Alcoholism: Clinical and Experimental Research*.
2. Kirouac, M., Kruger, E., **Wilson, A. D.**, Hallgren, K. A., & Witkiewitz, K. (2019). Consumption outcomes in clinical trials of alcohol use disorder treatment: Consideration of standard drink misestimation. *The American journal of drug and alcohol abuse*, 1-9.
3. McCrady, B. S., **Wilson, A.**, Fink, B., Borders, A., Muñoz, R., & Fokas, K. (2019). A consumer's eye view of family-involved alcohol treatment. *Alcoholism Treatment Quarterly*, 37(1), 43-59.
4. Witkiewitz, K., **Wilson, A. D.**, Pearson, M. R., Montes, K. S., Kirouac, M., Roos, C. R., ... & Maisto, S. A. (2019). Profiles of recovery from alcohol use disorder at three years following treatment: can the definition of recovery be extended to include high functioning heavy drinkers?. *Addiction*, 114(1), 69-80.
5. Stein, E. R., Gibson, B. C., Votaw, V. R., **Wilson, A. D.**, Clark, V. P., & Witkiewitz, K. (2018). Non-Invasive Brain Stimulation in Substance Use Disorders: Implications for Dissemination to Clinical Settings. *Current opinion in psychology*.
6. **Wilson, A. D.**, Montes, K. S., Bravo, A. J., Conner, B. T., Pearson, M. R., & Marijuana Outcomes Study Team. (2018). Making decisions with trees: Examining marijuana outcomes among college students using recursive partitioning. *Clinical Psychological Science*, 6, 744-754. doi: 10.1177/2167702618775405
7. Hallgren, K. A., **Wilson, A. D.**, & Witkiewitz, K. (2018). Advancing analytic approaches to address key questions in mechanisms of behavior change research. *Journal of studies on alcohol and drugs*, 79(2), 182-189.

8. Witkiewitz, K., Kirouac, M., Roos, C. R., **Wilson, A. D.**, Hallgren, K. A., Bravo, A. J., ... & Maisto, S. A. (2018). Abstinence and low risk drinking during treatment: Association with psychosocial functioning, alcohol use, and alcohol problems 3 years following treatment. *Psychology of addictive behaviors: journal of the Society of Psychologists in Addictive Behaviors*.
9. Bravo, A. J., Pearson, M. R., **Wilson, A. D.**, & Witkiewitz, K. (2018). When traits match states: examining the associations between self-report trait and state mindfulness following a state mindfulness induction. *Mindfulness*, 9(1), 199-211.
10. Roos, C. R., Kirouac, M., Stein, E., **Wilson, A. D.**, Bowen, S., & Witkiewitz, K. (2018). An Open Trial of Rolling Admission Mindfulness-Based Relapse Prevention (Rolling MBRP): Feasibility, Acceptability, Dose-Response Relations, and Mechanisms. *Mindfulness*, 1-12.
11. **Wilson, A. D.**, Roos, C. R., Robinson, C. S., Stein, E. R., Manuel, J. A., Enkema, M. C., ... & Witkiewitz, K. (2017). Mindfulness-based interventions for addictive behaviors: Implementation issues on the road ahead. *Psychology of addictive behaviors*, 31(8), 888.
12. Witkiewitz, K., **Wilson, A. D.**, Pearson, M.R., Hallgren, K.A., Falk, D.E., Litten, R.Z., Kranzler, H.R., Mann, K.F., Hasin, D.S., O'Malley, S.S., Anton, R.F. (2017). Temporal stability of heavy drinking days and drinking reductions among heavy drinkers in the COMBINE study. *Alcoholism: Clinical & Experimental Research*.
13. Witkiewitz, K., Pearson, M.R., Hallgren, K.A. Maisto, S.A. Roos, C.R. Kirouac, M., **Wilson, A.D.**, Montes, K., & Heather, N. (2017). Who achieves success with low risk drinking during alcohol treatment? An analysis of patients in three alcohol clinical trials. *Addiction*.
14. Witkiewitz, K., Roos, C.R., Pearson, M.R., Hallgren, K.A. Kirouac, M., Forcehimes, A.A., **Wilson, A.D.**, Robinson, C.S., McCallion, E., Tonigan, J.S., & Maisto, S.A. (2017). How much is too much? Patterns of drinking during alcohol treatment and associations with post-treatment outcomes across three alcohol clinical trials. *Journal of Studies on Alcohol and Drugs*, 78(9), 59-69.
15. Maisto, S.A., Roos, C.R, Moskal, D., **Wilson, A.D.**, Hallgren, K.A., Pearson, M.R., & Witkiewitz, K. (2016). Do alcohol relapse episodes during treatment predict long-term outcomes? Investigating the validity of existing definitions of alcohol use disorder relapse. *Alcoholism: Clinical & Experimental Research*, 40(10), 2180-2189.
16. Maisto, S. A., Witkiewitz, K., Moskal, D., & **Wilson, A. D.** (2016). Is the construct of relapse heuristic, and does it advance alcohol use disorder clinical practice? *Journal of Studies on Alcohol and Drugs*, 77(6), 849-858.
17. **Wilson, A.D.**, Bravo, A.J., Pearson, M.R., & Witkiewitz, K. (2016). Finding success in failure: Using latent profile analysis to examine heterogeneity in psychosocial functioning among heavy drinkers following treatment. *Addiction*, 111(12), 2145-2154.
18. McCrady, B.S., **Wilson, A.D.**, Muñoz, R.E., Fink, B.C., Fokas, K.F., & Borders, A.Z. (2016). Alcohol-focused behavioral couple therapy. *Family Process*, 55(3), 443-459.

Symposia/Talks

1. **Wilson, A.D.**, Pearson, M.R., Bravo, A. J., Conner, B.T., & Parnes, J.E. (2017, July). Reducing harms from marijuana: A daily diary examination of marijuana protective behavioral strategies among college students. In M.R. Pearson (Chair) *Protective Behavioral Strategies for Marijuana Use*. Symposium to be conducted at the 1st Annual Research Society on Marijuana Conference, Fort Collins, Colorado.
2. **Wilson, A.D.**, Pearson, M.R., Bravo, A. J., Witkiewitz, K. (2017, March). Modeling heterogeneity in psychosocial functioning and alcohol use following treatment. In M.R. Pearson (Chair) *Person-Centered Approaches to Exploring Heterogeneity in Substance Use and Treatment Responses* Symposium conducted at the 5th Annual Collaborative Perspectives on Addiction Conference, Albuquerque, New Mexico.
3. **Wilson, A.D.**, Kirouac, M., Pearson, M.R., & Witkiewitz, K. (2015, November). Finding success in failure: Heterogeneity among binge drinkers. In M.R. Pearson (Chair) *Novel perspectives on binge drinking: The bad, the worse, and the ugly*. Symposium conducted at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Abstracts/Posters

Wilson, A. D., Pearson, M. R., & Witkiewitz, K. (June, 2018,). Modeling biopsychosocial recovery from alcohol use disorder across time: a latent variable approach. Poster presented at the 41st Annual Research Society on Alcoholism Scientific Meeting, San Diego, CA.

Witkiewitz, K., Maisto, S. A., Hallgren, K. A., Pearson, M. R., SMontes, K., Roos, C. R., ... & **Wilson, A. D.** (June, 2018). Association between alcohol consumption patterns during alcohol treatment and three year recovery outcomes. Poster presented at the 41st Annual Research Society on Alcoholism Scientific Meeting, San Diego, CA.

Witkiewitz, K., Roos, C., Stein, E., **Wilson, A.**, Votaw, V., & Kirouac, M. (June, 2018). Mindfulness-based relapse prevention for alcohol use disorder: a novel approach for treatment in diverse health care settings. Poster presented at the 41st Annual Research Society on Alcoholism Scientific Meeting, San Diego, CA.

Wilson, A. D., Pearson, M. R., Bravo, A. J., Witkiewitz, K. (June, 2017). Functioning one year later: Baseline predictors of biopsychosocial functioning among patients one year following alcohol use disorder treatment. Poster presented at the 40th Annual Research Society on Alcoholism Scientific Conference, Denver, Colorado.

Kirouac, M., **Wilson A.D.**, & Witkiewitz, K. (June, 2017). Exploring clinically useful definitions of alcohol use disorder treatment success. Poster abstract submitted to the 40th Annual Research Society on Alcoholism Scientific Conference, Denver, Colorado.

Wilson, A.D., Bravo, A.J., Pearson, M.R., & Witkiewitz, K. (June, 2016). Latent profile analysis of treatment 'failures' and a comparison to treatment 'successes' on measures of psychosocial functioning. Poster presented at the annual meeting of the Research Society on Alcoholism, New Orleans, LA.

McCrary, B.S., Fink, B.C., **Wilson, A.D.**, Fokas, K.F., Borders, A.Z., & Muñoz, R.E. (June, 2016). Developing a brief family-involved treatment (“B-FIT”) for alcohol use disorders: Group results from clinicians, clients, and family members. Poster presented at the annual meeting of the Research Society on Alcoholism, New Orleans, LA.

Wilson, A.D., Pearson, M.R., & Witkiewitz, K. (March, 2016). Patterns of heavy drinking during and following treatment: Stability and change in the COMBINE study. Poster presented at the annual Collaborative Perspectives on Addiction conference, San Diego, CA.

Wilson, A.D., Pearson, M.R., & Witkiewitz, K. (June, 2015). Finding success in “failures”: An analysis of heavy drinker consequences in multi-site trials. Poster presented at the annual meeting of the Research Society on Alcoholism, San Antonio, TX.

Wilson, A.D., Pearson, M.R., & Witkiewitz, K. (March, 2015). Affective dynamics and substance use: Here comes the BHOUM. Poster presented at the annual Collaborative Perspectives on Addiction conference, Baltimore, MD.

Witkiewitz, K., Kirouac, M., McCallion, E., Roos, C.R., **Wilson, A.D.**, Pearson, M.R., Brown, D.A., Frohe, T., Hall, A., & O’Sickey, A. (November, 2014). Addictive behaviors and quantitative research at CASAA: Standing on the shoulders of giants. Poster presented at the 25th CASAA Anniversary Celebration at the Hotel Andaluz, Albuquerque, NM.

Mendez, S., McDowell, Y., **Wilson, A.D.**, Campbell, C. E., Funderburk, J. S., & Maisto, S. A. (May, 2013). The role of multiple behavioral risk factors in readiness to change for patients with at-risk drinking, smoking, BMI, and physical inactivity. Poster presented at the Syracuse University Department of Psychology Annual Poster Session, Syracuse, NY.

Research Training and Experience

2015 – present **Developing a Brief Family-Involved Treatment for Alcohol Use Disorders**
Role: Research Assistant
Principal Investigator: Barbara McCrary, Ph.D.
University of New Mexico, Center on Alcoholism, Substance Abuse, and Addictions (CASAA)

2014-2015 **Integrative Data Analysis to Predict Alcohol Clinical Course and Inform Practice**
Role: Research Assistant
Principal Investigator: Katie Witkiewitz, Ph.D.
University of New Mexico, Center on Alcoholism, Substance Abuse, and Addictions (CASAA)

2013-2014 **Enhanced Behavioral Activation for Patients with Hypertension and Depression**
Role: Research Assistant
Principal Investigator: Jennifer S. Funderburk, Ph.D.
Veterans Administration Center of Excellence, Center for Integrated Healthcare, Syracuse, New York

2012-2013 **Patients with multiple risk factors: How can we help them?**
Role: Research Assistant
Principal Investigator: Jennifer S. Funderburk, Ph.D.
Veterans Administration Center of Excellence, Center for Integrated Healthcare, Syracuse, New York

Clinical Experience

- 2016 – present **Smoking Cessation Therapist**
VA Hospital, Albuquerque, NM
Duties: deliver MI and CBT based smoking cessation therapy in an individual telephone-based format
- 2016 – present **Mindfulness Based Relapse Prevention therapist**
Turquoise Lodge Hospital, Albuquerque, NM
Duties: facilitate a weekly rolling MBRP group in an inpatient substance abuse setting
- 2015 – present **Individual Therapist**
UNM Psychology Clinic, Albuquerque, NM
Duties: assessment and individual therapy, primarily utilizing DBT and ACT.
- 2015 – present **Screeener**
Alcohol Treatment Clinic at UNM
Duties: screening and brief clinical interviews to determine client fit and eligibility for SUD treatment
- 2014 – 2015 **Motivational Interviewing brief interventionist**
UNM/CASAA
Duties: perform 45 minute brief motivational interventions with substance abusing sexual offenders
- 2013 – 2014 **Clinical Internship – Substance Abuse Counselor**
Crouse Hospital Chemical Dependency Treatment Services
Duties: Individual and group therapy in Intensive Outpatient Treatment setting

Advanced Training

Acceptance and Commitment Therapy Workshop (2015). Presented by Kevin Vowles (University of New Mexico).

Mindfulness-Based Relapse Prevention Therapist Training (2014). Presented by Sarah Bowen (University of New Mexico).

Brief Alcohol Screening and Intervention with College Students (BASICS) Therapist Training (2014). Presented by Katie Witkiewitz (University of New Mexico).

Motivational Interviewing Workshop Series (2014). Presented by Kamilla Venner (University of New Mexico).

Teaching Activities

January-May, 2018 Statistical Principles (undergraduate course) – Course Instructor

February, 2017 Alcohol & Alcoholism (undergraduate course) – Guest Lecturer, Mutual Support

March 2016, Abnormal Psychology (undergraduate course) – Guest Lecturer, Psychometrics